

Sleep Disorders

SOURCEBOOK

SIXTH EDITION

Provides basic consumer information about Sleep Disorders, including Insomnia, Sleep Apnea and Snoring, Narcolepsy and Other Circadian Rhythms Disorders, Narcolepsy and Parasomnias, Health in Sleepwalking and Sleep Paralysis, and Dreaming. Also includes Other Health Problems That Affect Sleep, Why Sleep Is Necessary, How Much Sleep Is Needed, The Physical and Mental Effects of Sleep Deprivation, and Pediatric Sleep Issues.

Along with tips for Diagnosing and Treating Sleep Disorders, a glossary of Related Terms and a list of Resources for Additional Help and Information.

Sleep Disorders Sourcebook

Anne Chang

Sleep Disorders Sourcebook:

Sleep Disorders Sourcebook ,2019 **Sleep Disorders Sourcebook, 5th Ed.** James Chambers,2019-07-01 Basic consumer health information about the diagnosis treatment and prevention of sleep disorders in children and adults along with facts about how and why people sleep diseases that affect sleep and the health consequences of sleep deprivation

Sleep Disorders Sourcebook Angela L. Williams,2019 Provides basic consumer health information about the diagnosis treatment and prevention of sleep disorders in children and adults along with facts about how and why people sleep diseases that affect sleep and the health consequences of sleep deprivation Includes index glossary of related terms and other resources **Sleep Disorders Sourcebook** Jenifer Swanson,1999 This Sourcebook will help readers identify symptoms of major sleep disorders including insomnia sleepwalking sleep apnea restless leg syndrome narcolepsy and their treatment options It describes sleep requirements sleep changes through the lifespan sleep medications and the cost of sleep deprivation to society BOOK JACKET Title Summary field provided by Blackwell North America Inc All Rights Reserved

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Sleep Disorders Sourcebook Amy L. Sutton,2005 Provides basic consumer health information about diagnosis treatment and management of various sleep disorders and sleep problems related to disease Includes index glossary of related terms and other resources Provided by publisher *The Sleep Disorder Sourcebook* Kenneth Fisher,1997-09-01 The average person spends one third of his or her life sleeping a seemingly simple activity yet 40 million Americans suffer from some type of sleep disorder By providing the latest research and treatments The Sleep Disorder Sourcebook is an essential guide for these sufferers and their loved ones *The Encyclopedia of Neuropsychological Disorders* Chad A. Noggle,Raymond S. Dean,Arthur MacNeill Horton,2012 I am pleased to include this text in my library and I am confident that it will serve as an excellent resource for years to come PsycCRITIQUES This book serves as an A Z reference that addresses the neuropsychological aspects of 300 neurological neuropsychiatric and neuromedical disorders

Each entry follows a 5 section structure that will cover 1 essential features of the disorder 2 physiological basis of the disorder 3 neuropsychological and other clinical presentation 4 assessment and diagnostic practices 5 evidence based treatments and interventions This book is written for clinical professionals and students in training to aid in clinical awareness diagnostic accuracy and intervention successfulness The text goes beyond the emotional and behavioral aspects of each disorder and views the broader impacts of the symptoms This approach emphasizes the importance of looking at the other functional impacts of these manifestations e g cognitive deficits secondary to depression orthopaedic ambulation issues The emphasis on neuropsychological sequelae physiological basis and means of diagnosing and treating of 300 conditions across the lifespan make this the most comprehensive resource available to professionals in and around neuropsychology neuropsychiatry and the behavioral neurosciences Key Features Presents 300 highly structured entries providing disorder features pathology and physiology clinical representation assessment and diagnosis and evidence based treatments and interventions Covers neurological neuropsychiatric and neuromedical disorders across the lifespan pediatric adult and geriatric populations Includes interventions and methods of treatment for the outcomes patients may experience

Lucide dromen Dylan Tuccillo,Thomas Peisel,Jared Zeisel,2013-10-04 Het eerste boek dat je niet v r maar tijdens het slapengaan leest Je hebt misschien zelf al eens besef dat je aan het dromen bent Dat fenomeen heet lucide dromen Maar wist je dat je je eigen dromen ook bewust kunt sturen Door muren stappen even bijpraten met je overleden grootmoeder of met Albert Einstein discussi ren over de relativiteitstheorie in de wondere wereld van lucide dromen kan het allemaal Maar ook om jezelf beter te leren kennen of om een andere kijk te krijgen op problemen uit het wakkere leven kun je deze bijzondere droomtechniek gebruiken Drie ervaren lucide dromers Dylan Tuccillo Jared Zeisel en Thomas Peisel nemen je in dit boek mee op een fantastische ontdekingsreis in je onderbewustzijn Dankzij hun stap voor staphandleiding met concrete tips en voorbeelden leer je hoe ook jij dit slapende potentieel in jezelf wakker kunt maken *Sleep and Rehabilitation* Julie Hereford,2024-06-01 Sleep and Rehabilitation A Guide for Health Professionalsis a concise reference for the health professional looking to further understand sleep and how sleep science may impact particular areas of various rehabilitation disciplines Dr Julie M Hereford and her contributors present Sleep and Rehabilitation A Guide for Health Professionalsin an easy to read manner by dividing the text into four main sections The first section provides a review of the basic scientific understanding of sleep While there are many other publications that present a basic scientific understanding of sleep Sleep and Rehabilitation systematically gears this information toward the rehabilitation professional with commonly used terminology descriptions of sleep architecture and information concerning sleep hygiene The middle sections of Sleep and Rehabilitationdescribe disordered sleep and how it pertains to patients seen in the rehabilitation setting It guides the health professional to recognize the manifestations and consequences of disordered sleep and teaches the rehabilitation professional how to interpret a sleep study in order to provide guidance in clinical decision making Finally the last section of

Sleep and Rehabilitation provides the ever important practical application of the theoretical principles in sleep rehabilitation Features include Discussion on the science of polysomnography Sleep and sleep dysfunction from a rehabilitation perspective Sleep dysfunction as it relates to the clinical needs of a patient undergoing the rehabilitation process Discussion on the particular concerns that sleep and sleep dysfunction can hold for rehabilitation patients and issues to be addressed by the provider Presentation of unique issues that disordered sleep may present in the rehabilitation process such as on pain pain management motor learning and memory and performance enhancement Tools to assess quality and quantity of a patient s sleep Discussion on methods in which sleep may be manipulated in order to optimize a patient s physical performance Sleep and Rehabilitation A Guide for Health Professionals is a one of a kind reference that will help the health professional incorporate the science of sleep into the rehabilitation process **Sleeping Well** Michael J. Thorpy,Jan Yager,2001 Provides an overview of sleep and sleep disorders including sleep apnea snoring insomnia dreams stages of sleep and restless legs syndrome

A Contents Guide to the Health Reference Series ,2000 [Encyclopedia of the Neurological Sciences](#) ,2014-04-29 The Encyclopedia of the Neurological Sciences Second Edition Four Volume Set develops from the first edition covering all areas of neurological sciences through over 1000 entries focused on a wide variety of topics in neurology neurosurgery psychiatry and other related areas of neuroscience The contributing authors represent all aspects of neurology from many viewpoints and disciplines to provide a complete overview of the field Entries are designed to be understandable without detailed background knowledge in the subject matter and cross referencing and suggested further reading lead the reader from a basic knowledge of the subject to more advanced understanding The easy to use encyclopedic dictionary format of the Encyclopedia of the Neurological Sciences Second Edition features alphabetic entries extensive cross referencing and a thorough index for quick reference The wealth of information provided by these four volumes makes this reference work a trusted source of valuable information for a wide range of researchers from undergraduate students to academic researchers Provides comprehensive coverage of the field of neurological science in over 1 000 entries in 4 volumes Encyclopedic dictionary format provides for concise readable entries and easy searching Presents complete up to date information on 32 separate areas of neurology Entries are supplemented with extensive cross referencing useful references to primary research articles and an extensive index **The Complete Directory for Pediatric Disorders** Grey House Publishing,2007 **Choice** ,2009 **The Complete Mental Health Directory** Richard Gottlieb,2006-03 Provides comprehensive coverage of 27 specific mental health disorders from adjustment disorders to tic disorders including a separate section devoted to pediatric and adolescent issues as well as support systems and other resources **Magill's Medical Guide** Anne Chang,2005 Thrombolytic therapy TPA Thrombosis thrombus Thumb sucking Thyroid disorders Thyroid gland Thyroidectomy Tics Toilet training Tonsillectomy adenoid removal Tonsillitis Tooth extraction Toothache Torticollis Touch Tourette s syndrome Toxemia Toxic shock syndrome Toxicology Toxoplasmosis Tracheostomy Trachoma Transfusion

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