



INTEGRATIVE SPINE & SPORTS

Spine In Sports

Frank Shen, Adam Shimer



Spine In Sports:

Spine in Sports Ted A. Lennard, H. Mark Crabtree, 2005 The only condensed full color reference in the field Spine in Sports reference includes coverage of general spine fitness preparation in sports age related spine changes in the athlete as well as sports specific spine disorders maintenance Emphasis on individual sports and their affect on the spine Section on disabled athletes pediatrics and geriatrics Experts in the field express personal experiences based on their specialties spine surgeons non operative spine physicians and therapists *The Spine in Sports* Robert G. Watkins, 1996 THE SPINE IN SPORTS provides practical information and how to tips After general chapters on anatomy biomechanics and nonsurgical and surgical treatment this hard cover manual is organized by sport Chapters are authored by practitioners trainers physical therapists and other key personnel Detailed therapeutic techniques are included for problems in specific sports Sports Spine, An Issue of Clinics in Sports Medicine, E-Book Frank Shen, Adam Shimer, 2021-06-03 This issue of Clinics in Sports Medicine will cover the Spine in Sports Medicine Guest edited by Drs Francis H Shen and Adam Shimer this issue will discuss a number of related topics that are important to practicing clinicians This issue is one of four selected each year by our series Consulting Editor Dr Mark Miller The volume will include articles on Spine Injury Prevention On field management of suspected Spine injury Transient Quadraparesis and cervical neuropraxia Lumbosacral spondylolysis and spondylolisthesis Axial Low Back Pain in elite Athletes Lumbar disk herniations and radiculopathy Cervical disk herniations radiculopathy and myelopathy Spinal deformities in the adolescent athlete Return to play criteria for cervical and lumbar spine conditions and Spine care in the aging athlete among others **The Lower Extremity & Spine in Sports Medicine** James A. Nicholas, Elliott B. Hershman, 1995 *Spinal Conditions in the Athlete* Wellington K. Hsu, Tyler J. Jenkins, 2019-10-10 This concise user friendly guide brings together the strongest available evidence with expert recommendations to provide insight into the management of injuries to the athlete s spine including controversies unique to this area Divided into three thematic sections this information will prove invaluable as many of the real world questions surrounding care do not have distinct and obvious answers Considerations for team physician management comprises part I including on field assessment of spine injuries and concussion rehabilitation and return to play and complications and post concussion sequelae The second and third sections discuss injuries to the cervical spine and the thoracolumbar spine respectively describing injury evaluation management and outcomes in the elite athlete Spine conditions have been studied extensively in the general population however applying this data to the elite athlete is controversial Numerous external variables make performance of well designed clinical trials challenging in this population and consequently evidence based recommendations are lacking for the athlete s spine Practical and engaging Spinal Conditions in the Athlete will be an excellent resource for sports medicine specialists orthopedic and neurosurgeons and any clinician treating the active patient **Spine Injuries in Athletes** Andrew C. Hecht, 2017 Navigate the unique clinical issues involved in treating athletes who have spinal injuries A team of

peerless authorities in sports medicine share their unparalleled expertise in Spine Injuries in Athletes published in partnership with the AAOS This unique and practical clinical reference culls today s best approaches for managing these injuries optimizing function and ensuring quick but safe return to play whenever possible Ensure proper on field management and evaluation transport and pharmacologic management with the aid of evidence based how to advice from leading experts Implement effective surgical and non surgical treatment and rehabilitation plans tailored to the sport specific needs of each patient Navigate the practical reality of managing both elite athletes and weekend warriors through step by step guidance on return to play criteria and decision making Manage the most common injury patterns affecting the cervical and lumbar spine including stingers burners cervical cord neurapraxias cervical disk herniation cervical stenosis congenital cervical anomalies cervical trauma lumbar disk herniation spondylolysis spondylolisthesis lumbar degenerative disk disease pelvic and hip disorders that mimic spine problems and thoracic disk herniation as well as issues that confront the aging athlete Apply cohesive strategies for managing concussions on field and determining return to play in the days and weeks that follow with advice from key leaders in the field Check your clinical decision making skills with real world scenarios involving a variety of athletic cervical and lumbar spine injuries and compare your responses to those of a panel of respected specialists Your book purchase includes a complimentary download of the enhanced eBook for iOS Android PC Mac Take advantage of these practical features that will improve your eBook experience The ability to download the eBook on multiple devices at one time providing a seamless reading experience online or offline Over an hour of on field simulation videos that help readers learn what to look for what to do and how to do it Powerful search tools and smart navigation cross links allow you to search within this book or across your entire library of VitalSource eBooks Multiple viewing options offer the ability to scale images and text to any size without losing page clarity as well as responsive design The ability to highlight text and add notes with one click 3 Stars from Doody s Review Service This is a unique offering It takes a broad approach to spine injuries in athletes making it a great reference for all practitioners in sports medicine This is a great book for the athletic training room the sports medicine specialist s office and the institutional library Doody s Review Service

The Brain, Spine and Nerves in Sports Nicholas Theodore,Russell R. Lonser,2024-07-25 The definitive text on the diagnosis and treatment of sports related neurological injuries Although musculoskeletal injuries are by far the most common injuries seen in sports neurological injuries are often the most serious and potentially devastating The Brain Spine and Nerves in Sports is a comprehensive textbook edited by neurosurgeons Nicholas Theodore and Russell R Lonser internationally renowned experts in sports related brain and spine trauma The book covers intricacies associated with the diagnosis and treatment of sports related neurological injuries with firsthand collaborative insights from a who s who of multidisciplinary neurological experts in sports injury medicine The book is organized into four sections and 40 thoughtfully curated chapters covering diagnosis surgical and nonsurgical approaches and management of traumatic brain injuries concussions spinal cord injuries and

peripheral nerve injuries The final chapter focuses on leveraging concussion data to improve the safety of American football Each chapter blends theoretical knowledge evidence based practices case studies and practical insights derived from the authors extensive clinical experience Key Features Contributions and pearls from leading authorities in the fields of neurosurgery spine surgery sports medicine and rehabilitation The latest advancements techniques and best practices for managing neurological conditions in athletes presented in a succinct easy to digest format with short videos Detailed critical overviews of sports related neurological injuries in American football soccer cycling baseball skiing combat sports ice hockey rugby and more A wealth of tables and assessment tools to enhance management of challenging often time sensitive situations including complex return to play issues This definitive textbook will help neurosurgeons orthopedic surgeons neurologists trainers sports medicine physicians and pain management physicians optimize patient outcomes enhance performance and promote the overall well being of athletes at all levels of competition

Spinal Injuries in the Athlete, An Issue of Clinics in Sports Medicine Pierre A. d'Hemecourt, Lyle J. Micheli, 2012-07-28 This issue of Clinics in Sports Medicine Guest Edited by Drs Lyle Micheli and Pierre d'Hemecourt focuses on Spinal Injuries in the Athlete Articles in this outstanding issue include Sport Specific Biomechanics of Spinal Injuries in the Athlete Throwing Athletes Rotational Sports and Contact collision Sport Specific Biomechanics of Spinal Injuries in the Athlete Dance Figure Skating and Gymnastics Back Pain in the Pediatric and Adolescent Athlete Spinal Deformity and Congenital Abnormalities The Young Adult Spine The Aging Spine Thoraco lumbar Spine Trauma and spinal deformity Indications for Surgical Fusion and Return to Play Criteria Overview of spinal interventions Congenital and Acute Cervical Spine injuries with Return to Play Criteria Degenerative Cervical Spine Disease Spinal cord abnormalities Infectious Inflammatory and Metabolic Diseases of the Spine and Spinal tumors

Spinal Injuries and Conditions in Young Athletes Lyle Micheli, Cynthia Stein, Michael O'Brien, Pierre d'Hemecourt, 2013-11-23 Spinal Injuries and Conditions in Young Athletes provides a comprehensive in depth review of the mechanisms and management of back injuries and problems occurring in this ever growing and active population Led by Dr Lyle Micheli and his co editors an award winning group of orthopedists discusses and explores common adolescent spine injuries and procedures in addition to breakthroughs in gene therapy tissue engineering and complex operations As spine surgery is among the most complex and challenging procedures performed in orthopedics special considerations and procedures are required in pediatric populations Since many corrective surgeries run the risk of arthritis later in life particular efforts must be made in young populations to prevent future injury in a child's adolescence and young adulthood while maximizing return to play potential Chapters cover acute spinal injuries concussions overuse injuries spinal malformations tumors infections and inflammatory diseases across the range of athletics including swimming and combat sports Spinal Injuries and Conditions in Young Athletes provides an immeasurable guide for back surgery in pediatric populations and will be a go to resource for practitioners and residents in pediatric orthopedics and sports medicine

Adult and Pediatric Spine

Trauma, An Issue of Neurosurgery Clinics of North America Douglas L. Brockmeyer, Andrew T. Dailey, 2016-11-26 This issue will focus on both adult and pediatric spine trauma Featured articles are as follows Pharmacologic Treatment of SCI Classification of Adult Subaxial Cervical Trauma Classification and Management of Pediatric Craniocervical Injuries Classification and Management of Pediatric Subaxial Injuries Classification of Adult Thoracolumbar Injuries Management of Pediatric Thoracolumbar Injuries Treatment of Odontoid Fractures in the Aging Population Treatment of Facet Fractures in the Cervical Spine and many more The Lower Extremity and Spine in Sports Medicine James A. Nicholas, Elliott B. Hershman, 1986 *Sideline Management in Sports* Sérgio Rocha Piedade, Mark R. Hutchinson, David Parker, João Espregueira-Mendes, Philippe Neyret, 2024-01-13 This book is a comprehensive reference guide for team physicians to manage common or rare clinical issues that may occur on the sidelines and field of play in recreational professional or elite sports Musculoskeletal injuries and health related clinical issues that may occur on the field of play can directly impact the ability of athletes to safely participate in sport Indeed the ability to urgently respond to the myriad of health related issues is critical during both sideline and event coverage The variety of challenges may be more prevalent according to the type of sport the athletes physical condition the field of play the level of competition as well as the environmental conditions Initial assessment proper investigation of athletes clinical complaints and findings followed by a well practiced intervention protocol play an essential role in optimizing the outcome of each case Written by an international team of experts and published in partnership with ISAKOS this book is an excellent source of knowledge for sports physicians orthopedists and physiotherapists alike Concepts of Athletic Training Ronald P. Pfeiffer, Brent C. Mangus, 2011-02-09 Sports medicine continues to be a rapidly evolving field of study The Sixth Edition of Concepts of Athletic Training focuses on the care and management of sport and activity related injuries while presenting key concepts in a comprehensive logically sequential manner that will assist future professionals in making the correct decisions when confronted with an activity related injury or illness in their scope of practice Chapters have a good mixture of text tables and illustrations to make learning easy and fun and the material is presented in a fashion that is succinct yet provides the student with plenty of direction to get more in depth information as needed Initial decisions and subsequent actions are critical in determining the outcome of a sports injury This well established text addresses not only the concepts of athletic training to the student but provides information that will assist the potential coach or other individuals involved in sports medicine **Spine Secrets E-Book** Vincent J. Devlin, 2020-05-23 For more than 30 years the highly regarded Secrets Series has provided students and practitioners in all areas of health care with concise focused and engaging resources for quick reference and exam review Spine Secrets Plus 3rd Edition by Dr Vincent J Devlin features the Secrets popular question and answer format that also includes lists tables pearls memory aids and an easy to read style making inquiry reference and review quick easy and enjoyable The proven Secrets Series format gives you the most return for your time succinct easy to read engaging and highly effective Fully

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Sports Spine, an Issue of Clinics in Sports Medicine, Volume 40-3

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Management of Sports Injuries & Athletic Problems Morris B. Mellion, 1988

Athletic Injuries and Rehabilitation

James E. Zachazewski, David J. Magee, William S. Quillen, 1996 Over eighty world renowned physical therapists physicians and athletic trainers take a comprehensive step by step multidisciplinary approach to sports injury management from evaluation through rehabilitation This text not only provides a solid foundation in basic and applied science it also serves as a superb study source for sports certification exams and provides practical therapeutic advice

Spinal Injuries in Sports, 1990

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