



SPIRITUAL DIRECTORS

Spiritual Directors

David G. Benner, Gary W. Moon



Spiritual Directors:

Supervision of Spiritual Directors Mary Rose Bumpus, Rebecca Bradburn Langer, 2005-11 A collection of essays by prominent practitioners of an emerging field the supervision of spiritual directors This book explores a wide variety of issues including gender and sexuality ethical dilemmas working with diverse racial ethnic constituents working with the differently abled and the parameters of supervision **Spiritual Direction and the Care of Souls** David G. Benner, Gary W.

Moon, 2025-06-23 In recent years many Christian clergy laity and mental health professionals have rediscovered the ancient practices of spiritual direction Seen as a refreshing alternative to the techniques and limitations of modern psychology such practices offer new insights for pastoral care But many remain unclear on what spiritual direction is and whether its methods are applicable to their own clients and parishioners Spiritual direction is a practice of Christian soul care that is found most notably in the Catholic Orthodox and Episcopal traditions but is also present in Wesleyan Holiness Pentecostal charismatic social justice and Reformed communities Predating modern counseling and psychotherapy movements but sharing key principles and insights for spiritual formation spiritual direction offers significant resources for today's pastors counselors therapists chaplains and other caregivers attuned to the work of God in people's lives In this landmark volume editors Gary W Moon and David G Benner along with a team of expert contributors provide a comprehensive survey of spiritual direction in its myriad Christian forms Specific chapters offer careful historical perspective and contemporary analysis of how Christians from various backgrounds have practiced spiritual direction with particular attention to each tradition's definition of spiritual direction the process of authentic transformation the role of the spiritual director indicators of mature spirituality and other aspects of the spiritual direction process Chapters also provide psychological and clinical insight into how spiritual direction is similar to different from and can be integrated with psychotherapy and pastoral counseling to help others experience spiritual transformation and union with God **Looking Into the Well** Maureen Conroy, 1995 Looking into the Well Supervision of Spiritual Directors is the first book length treatment of the supervision and development of spiritual directors

Supervision of Spiritual Directors Rebecca Bradburn Langer, Mary Rose Bumpus, 2005-11-01 With the increased interest in the practice of spiritual direction both from people feeling called to be spiritual directors and from those seeking direction this book addresses the need to train the supervisors of spiritual directors This collection of essays is one of the first books in the field that help with the training of supervisors Written by spiritual directors who have years of experience in supervision between them this book engages some of the leading voices in the field in an exploration of a wide variety of issues including gender and sexuality ethical dilemmas working with diverse racial ethnic constituents working with the differently abled the parameters of supervision the supervision of beginning directors and more An excellent textbook for those who feel called to the role of supervisor as well as an important book for those who are already practicing in the field

An Introduction to Spiritual Direction Chester P. Michael, 2004 An Introduction to Spiritual Direction is a clear nuanced

and practical handbook for spiritual directors and directees that examines what it means to be spiritually whole and the process that gets us there It is based in part on the two year training course that the author conducts at Spiritual Direction Institute the teachings of the depth psychologist Carl Jung and the Christian traditionalists among them St Francis de Sales Ignatius of Loyola Teresa of Avila and John of the Cross It is further conjoined with sections on the qualities of the good director and directee with fascinating forays into the nature of temperament and psychological type The core of the book is devoted to its larger question the actual growth and acquisition of spiritual wisdom where the stages pitfalls remedies rewards as well as the importance of spiritual direction especially during times of crises are examined in numerous comprehensive sections Dovetailed with chapter notes and questions index and extensive bibliography An Introduction to Spiritual Direction deserves recognition by directors directees counselors students and practitioners of psychology and religious educators It is a great starting point for spiritual exploration **Introducing Spiritual Direction** Peter Ball,2003

This clear and practical guide to what happens in spiritual direction throws valuable light on something that is a huge help for many yet sometimes seems a little unnerving for those considering it It includes a number of first person accounts from spiritual directors and from those they have guided It provides insight into why individuals seek direction how they are guided for example in the business of prayer and what it is like to be in a relationship of spiritual direction The book offers an all round picture of the process and will be of particular interest to those wondering whether to seek a spiritual director Reflecting on wide experience Peter Ball offers us a book full of practical wisdom It will serve as a fine introduction to spiritual direction but will also be read with profit by those of long experience Clearly written it is profound in its teaching and implication The Revd Dr Brian Haymes Minister of Bloomsbury Central Baptist Church **Anglican Spiritual**

Direction Peter Ball,2007-04 Looks at some of the leading figures from the past to illustrate the roots and development of Anglican spiritual direction George Herbert Lancelot Andrewes John Wesley Somerset Ward and Evelyn Underhill This book was first published as Journey Into Truth **Spiritual Direction** Gordon T. Smith,2014-03-07 God gives us companions on

our journey A spiritual director is one such companion offering spiritual guidance Whether you are a director a directee or simply someone who wants to learn more about this ancient ministry this comprehensive introduction to the art of both giving and receiving spiritual direction will be a helpful guide **Soul Friend** Kenneth Leech,2001-07 Explores the range of issues that concern both directors and those who seek direction the history of spiritual direction the relationship between director and directee the practice of prayer in the Christian spiritual tradition and the role of the spiritual director not just for the individual but in the larger society **The Art of Spiritual Direction** Jos Moons,2020-11-14 This is a concrete practical book about spiritual accompaniment While there may be no shortage of books on this matter most of these books remain somewhat abstract in the way they highlight the beauty of this ministry and point out its pitfalls This book instead resembles a toolbox with a user s manual In six chapters the author presents the following tools there is no rush listening by following

searching for the soul going deeper evaluating and accompanying towards spiritual maturity By means of examples and case studies he demonstrates how these tools may be used to good effect Two introductory chapters discuss the choice for a practice oriented book and the core values of an Ignatian approach to spiritual accompaniment A final chapter specifically focuses on vocational discernment New spiritual directors can learn from this book the tricks of the trade and experienced directors can be encouraged to reflect upon their own practice Although it is written from a Roman Catholic Jesuit background this book may be used in a wider variety of Christian contexts Spiritual Direction Kevin G. Culligan OCD,2010-06-01 The revitalized ministry of spiritual direction is one of the surest signs of renewal in today s Church In Spiritual Direction Contemporary Readings seventeen leading writers and spiritual directors discuss the history meaning demands and practice of this ministry Through timely articles by such recognized authors as William Barry Sandra Schneiders Louis Cameli Kallistos Ware and John Wright one comes to see that spiritual direction belongs not to a spiritual elite but to the entire Church men and women clergy and laity members of religious communities Compiled especially for those entering spiritual direction either as directors or directees this book is an excellent introduction to an exciting ministry in today s Church A valuable feature of this book is a concluding section with recommendations for further readings Listing important articles and books on spiritual direction published in recent years this section helps readers to continue exploring this vital area of contemporary spirituality **The Way of Spiritual Direction** Francis Kelly Nemeck,Marie Theresa Coombs,1993 It may well become a classic in this important area of spirituality It is the reader s opinion that if you read only one book on this subject this year The Way of Spiritual Direction should be the one John G Durbin STL **Spiritual Direction** Sue Pickering,2014-09-16 Spiritual direction has been an intrinsic part of the Christian tradition since the earliest days of the church when desert mothers and fathers were sought out for their wisdom and guidance This guide aims to equip clergy and laity engaged in this task or in training for it **Spiritual Direction** Ruffing, Janet K., RSM,2000 Explores issues that arise in the advanced stages of spiritual direction from both a practical and theoretical perspective *A Woman's Way* P. Ranft,2016-04-30 Given the significance of spiritual direction in modern Christianity surprisingly little attention has been given to the tradition upon which today s spiritual direction is built This book delineates the history of spiritual direction for women and by women within the larger context of the history of Christian spirituality and its understanding of human perfectibility By examining the ways in which women practiced spiritual direction this study reveals the degree to which women influenced society by using an avenue of influence previously overlooked by scholars Spiritual Direction 101 Teresa Blythe,2018 Spiritual Direction: A Guide for Sharing the Father's Love Fr. Boniface Hicks,Fr. Thomas Acklin,2017 The need for spiritual direction or the accompaniment of a spiritual guide is becoming more prominent in a world where so many are suffering from so many wounds With a harmonious integration of both timeless spiritual wisdom from the Catholic Church s tradition of prayer and direction and the insight of the psychological sciences Fathers Thomas Acklin and Boniface

Hicks offer a comprehensive guide for all who provide or seek spiritual direction *Spiritual Direction A Guide for Sharing the Father's Love* fortifies priests religious and lay faithful who embrace the ministry of spiritual direction and accompany the wounded assist men and women in hearing the voice of God and model the love and mercy of the Father for the many who are seeking Him but do not know Him or have false images of Him This book also shows how various aspects of the spiritual life can emerge from and be fostered by a one on one relationship with a spiritual director Together with concrete guidelines and numerous examples from personal experience this book refers extensively to Sacred Scripture as the foundation for spiritual direction Furthermore since the practice of spiritual direction goes back to the first centuries of the Church the authors turn for guidance to the Doctors of the Church the writings of the saints and the papal magisterium in developing and supporting their insights Spiritual Direction will call spiritual directors to deeper holiness even as they assist others in growing closer to the Father through His loving gaze of mercy **Handbook for Spiritual Directors** Julie M.

Douglas, 1998 Spiritual Direction and the Encounter with God William A. Barry, 2004 Is what we call the encounter with God merely a depth experience of the psyche or does it have a specific theological character In this revised edition of his best selling book William Barry shows how it is possible to understand an encounter with the Triune God in this world and how that process can be interpreted and aided by a spiritual director Using the insights of John Macmurray and John Smith Barry describes how a relationship with God develops and how one can discern whether a particular experience is from God or not This understanding of religious experience comes from a theology of community communal discernment and ministry in the church This book will be helpful to spiritual directors educators and theologians as well as all educated seekers desiring a deeper relationship with God In this revised edition the author has added reflections on God's presence to suffering and evil and to evildoers updated the bibliography and freshened his examples for the 21st century reader *See God Act* Michael Drennan SJ, 2021-09-27 This book is born out of a wide range of practical experience of more than 20 years in working with people training for the ministry of spiritual direction Spiritual direction recognizes that there is an energy in life that moves a person outwards and influences the direction taken The focus of the ministry is to help the person notice those movements and make good choices that enhance the Christ-like quality of life It acknowledges that the Holy Spirit is the primary director See God act The book seeks to provide a broader vision of the ministry drawing on insights from spirituality scripture and psychology These bring a fuller understanding of the person created by God capable of knowing and responding to God It acknowledges that many of the difficulties that arise in the direction of life are at the human not the faith level Patterns are laid down in early life and can continue into adulthood This can be so without much awareness of their source though their influence may be evident Even in a prayerful reflective life further help may be needed to bring greater freedom from unconscious influences Moreover freedom is a key mediator to facilitate moving on to accept the gifts God offers Life is dynamic not static involving an inner and an outer journey We live in relationships with God self others and all creation Jesus

is active in life and meets people where they are but does not leave them there The invitation is onwards Attention is drawn to and there is an exploration of the dynamics involved in the different relationships to bring greater clarity to them The experience of working with people has highlighted the need of this development Prayer that comes out of life and flows back into life is key to this May the book inspire you to navigate your ongoing journey in the Lord in an integrated way

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