



Spiritual Consciousness

Nickolas Martin, Linda M. Martin



Spiritual Consciousness:

THE SPIRITUAL CONSCIOUSNESS SCALE (handbook) Margitics Ferenc Ph.D.,2019-07-31 Eckhart Tolle draws our attention to new approach to spirituality In his opinion our present consciousness opens up the gate to spirituality The individual must experience the present moment while the alertness of his her consciousness enables the person to view his or her own thoughts emotions and reactions triggered by the stimuli of the environment The Presence thus created conscious alertness brings about the sense of tranquility and internal peace The sustained conscious attention launches the spiritual process of transubstantiation that leads the individual to a Spiritual Consciousness new perspective and new ways of observing This process by transforming the consciousness of the person changes the entire personality of the individual Following the teachings of Eckhart Tolle the author created the Spiritual Consciousness Scale SCS and carried out its statistical analysis The purpose has been developing a new measuring instrument for the recognition of spiritual consciousness *Spiritual Consciousness as Evolutionary Learning* Maureen Ellis,2025-05-16 Navigating a diversity of religious myths and worldviews in both conventional and nuanced secular ways this edited volume explores transdisciplinary common knowledge and global citizenship ideology through the lens of spirituality depth hermeneutics and multimodality Guided by a broadly semiotic approach this book examines ancient spiritual myths metaphors and magic wisdom raising crucial questions of identity current conflicts military power and crises which threaten mental health for many Chapters take an anthropological and chronological approach through targeted case studies in part using Systemic Functional Semiotic SFS frameworks and linguistic anthropology to tackle issues of contemporary importance such as human rights conflict resolution environmentalism and sustainable development Featuring a truly international multidisciplinary team of contributors applying the lenses of mysticism neuroscience quantum theory psychology and phenomenology to the themes discussed this book uncovers deep ultimate connections between different religious and philosophical traditions highlighting shared metaphors narratives and allegories that transcend disciplinary cultural and geographical boundaries Driven by a collaborative attempt at achieving spiritual understanding this book will be of interest to postgraduate students researchers and scholars working in global citizenship education philosophy of education cognitive linguistics and semiotics more broadly It will also be useful for scholars of spirituality philosophy of language and ancient religions *Yoga Lessons for Developing Spiritual Consciousness* A. P. Mukerji,2020-09-28 If we study the action of mind upon mind of mind over matter of mind over the human body we may realize how each man is a power in himself to use Mr Randall s phrase in his beautiful book on psychology Life is demonstrative it speaks with a million million tongues Life stands for Light and Love Contemplation of Death which is really a change will not lead to Happiness All stagnation is death Humanity is a moving mass and this is true of it as regards single units as well as of the collective whole Stop we cannot We must go forwards which is God wards or there is the backward line of progress which is IGNORANCE Spasms of activity catch hold of us and push us onward and

similarly fear weakness and worry the triple weapons of our Old Friend the Devil catch us in their deadly grip and crib cabin and confine us We all are preparing to live day in and day out Is it not so The body ages the soul is ever on the alert We all are trying to grasp life in its proper perspective to get a clear view of the goal ahead Some say I am for enjoying life some say It is a bad mixture of heaven and hell for the most part hell others stand on neutral ground and say Let us make the best of a bad bargain Since we are here it is no use grumbling This world is for our education Right Move we must It may be progress forward or progress backwards Life is a series of awakenings Ideas dawn upon the mind from time to time are caught up by brain and body and find physical expression as acts Our outward life with its environment is fitted to our inward development Wealth position fame power all these are the simple expressions of individual character This is not a platitude Look and see for yourself It is quite necessary that we should pass through certain experiences that we rise from ideal to ideal We create our own fate Our sufferings our joys are so many projections from ourselves We alone are responsible for them Like the silkworm we build a cocoon around the soul and then feeling Cramped we set to loosening the bonds Enjoyment is not ought not to be the goal of life Sense enjoyments end in satiety and exhaustion Power and self riches and all that riches mean may tie us down to a narrow sphere But in the long run we do come to know that happiness is not in them This is a tremendous truth yet God mercifully screens it from us till we are prepared to receive it What remains then Man wants happiness He rushes from one thing to another to grasp it only to find everything slipping through his fingers Let none deny it The aim of philosophy is to put an end to pain All pain is caused by IGNORANCE Apply the saving remedy of KNOWLEDGE and PAIN vanishes at once This is a great fact and all young men ought to stamp it well upon their minds While we are upon this phase of our subject it may be worth while to go farther into these important facts of life PLEASURE and PAIN Our thoughts and actions are the forces we send out of ourselves All life is expression The soul of man is trying to see itself in everything How did the different organs of the body come into existence How did man get his eyes his ears his nose and so forth How does the growth of things proceed on the subconscious plane of existence The soul willed to see and it saw willed to hear and it heard willed to smell and it smelt That is the right explanation Take a subject throw him into a hypnotic trance lead him into the deepest state possible give him vigorous suggestions that a steady increase is taking place as to his physique repeat the suggestions twice every day for a few months and you will have put pounds of flesh on his form If you know anything of these things at all you will be hardly astonished A striking case once occurred Some frivolous students of Aberdeen held a hypnotic seance A friend of theirs was hypnotised and made to go through certain illusions Then a wet towel was put upon his neck and it was suggested to him that a sharp knife had been drawn right across his neck to cut his throat and that he was dead It was such fun The students danced for joy But what was their surprise when they found the man was stone dead It taught the eternal truth what man thinks that he is that he shall be Now man is trying to express himself on the different planes of his being by appropriating to himself different vehicles of expression When he meets with opposition an obstacle he chafes like a

caged lion Load the limbs of a man with fetters of iron and see the result It is really this when we can push forward without opposition it causes pleasure a sense of happiness when we are held back it causes pain Place good food before a healthy man See how he likes it It is because he knows that he is making an addition to himself It brings on a sense of MORE NESS and pleasure follows Of course there are higher grades of this sense of MORE NESS Some ancient doctors defined passion as an accession of strength due to the surcharge of arterial blood in the veins All pleasure is from STRENGTH all pain from WEAKNESS There can be no question as to this fact There is a fire burning Heap coals The more coals the brighter and steadier the flame All obstacles are really coal feeding the flame of the spirit They spur a man on The vibrations of pain are often blessings in disguise They drive the lesson home The effect is not different from the cause Both are the obverse and reverse of the same coin Painful results grow out of deeds that clash with the interests of the DIVINITY WITHIN which is for FREEDOM Lord I want nothing neither health nor beauty nor power Give me FREEDOM and I am content This is Jivan mukti This is the highest ideal of life Thinking of the little pleasures of the senses has brought us to this to dance to laugh to weep and before the tears are gone to begin over again Look at my condition Slave of the flesh slave of the mind wanting to have this that and what not DARKNESS BEHIND DARKNESS AHEAD Such is the wail of IGNORANCE Get rid of it O My Friend It is your greatest direst enemy Let the LIGHT of KNOWLEDGE dissipate this DARKNESS of IGNORANCE The Lord above is our refuge He alone is STRENGTH In Him we live and have our being Where seek you for your ideals Here it is FREEDOM You are rushing to it and so am I Welcome everything that helps you yea compels you to strike one more blow in the noble cause of EMANCIPATION Can a marble figure brook the blow that an iron mass can bear The Two Voices Within

Nickolas Martin, Linda M. Martin, 2015-12-21 Ego and Spirit both speak profoundly within our lives Can you hear what they are saying to you These two voices are the main energies that rise up and give shape to our thoughts feelings behaviors and physical health As we go about meeting lifes challenges such as change adversity stressors conflicts relationships self esteem achievement and our ability to experience genuine happiness the voice of an unconscious imbalanced ego is unfortunately the one we more often hear and heed leading us into a lesser version of ourselves The Two Voices Within Balancing the Energies of Ego and Spirit to Enhance Your Life invites you to more clearly hear what both of these voices are saying so that you can speak with more of your true voice and recognize the One Voice of the Universe This awakening will enable you to be the best version of yourself and optimally meet lifes challenges *The Journal of speculative philosophy* ,1875 **Spiritual Consciousness** Mark Lynn, 2018-12-17 This self help book is the first book in a 5 part A Transformational Way series It will help to heighten your consciousness spirituality and enlightenment It sets the tone for you to become more awakened mindful and happy Life Coach Public Speaker Mark Lynn shares transformational techniques and processes for self improvement self awareness and self fulfillment He explores fundamental Eastern philosophies as grounds for a spiritual awakening Using his experiences influences education MBA and a deep sense of inquiry into the unknown this book will fully

support the reader's consciousness and inspirational development both personal and professional **Spiritual**

Consciousness Frank Headley Sprague, 1898 *Sermons Preached Chiefly in the College Chapel* James Walker, 1876

The Church Missionary Intelligencer, 1906 Wake Up Consciousness Frank M. Wanderer, 2018-09-03 YOU ARE AN IMMORTAL BEING WHO IS LOST IN THE WORLD OF ISOLATION AND NOW IS DESPERATELY SEARCHING FOR ITSELF

Frank M Wanderer Ph D is a professor of psychology consciousness researcher and writer author of several books on consciousness He is Hungarian doesn't speak English well so his books and articles are translated His works are published in popular websites as Wake up World The Mind Unleashed Spirit Science Waking Times The Mind Journal Enlightened Consciousness Sivana Spirit and so on With a lifelong interest in the mystery of human existence Frank helps others to wake up from identification with their own personal history the illusory world of forms and shapes and to find their true Self in Consciousness This book is an anthology a collection from his most interesting writings *A System of Biblical Psychology*

Franz Delitzsch, 1899 **Christian Philosophy** Ephraim Langdon Frothingham, Arthur Lincoln Frothingham, 1890

Enlightened Consciousness Griff O'Brien, 2008-11-28 A Sister's Blessing The Spirit Within is an inspirational true life story about an identical twin's journey with cancer In the following chapters you will be able to hear and feel the events that took place in her life It is the heart wrenching account of a family that witnessed firsthand what a disease can do to a person's body mind and soul It begins to teach us that it is not in order to question why things happen but to simply accept that they do and that it is the unknown that makes us afraid In my sister Charlotte's twenty month journey you will further be touched by her strong faith and unrelenting will her tools that allowed her to face each and every day We learn how her faith gave her strength and patience to go on and how it eventually took her to her glory You will understand through her how each day can become a brand new awakening In the two and a half year journey you will also read about the loss of a brother as well You will witness how a brother's hope gave him the courage to hold his head up high each day In the end our family learned from Charlotte and our brother Bobby to never give up the fight Life is an experience for all of us and it is from experience that we learn and grow We must make the most of what we have now and avoid living in the past or looking too far into the future In the end remember no snapshot is better than the one we hold in our hearts **New Theories and the Old Faith** James

Allanson Picton, 1870 **Spiritual Science** Bhag Singh Lamba, 1961 **The Ethics of Hegel** Georg Wilhelm Friedrich Hegel, 1893 The Celestial and Ecclesiastical Hierarchy of Dionysius the Areopagite Pseudo-Dionysius (the

Areopagite.), 1894 **The People's Bible: John** Joseph Parker, 1893 Current Opinion, 1898 **The Scottish Review**, 1883

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web jun 18 2014 jason ferruggia is the founder of renegade strength conditioning he specializes in high performance mass development and has worked with over 700 clients during his 18 year career jason is the chief training adviser to men s fitness magazine and has been featured in and on livestrong muscle fitness men s health cbs espn