



Keith Drury

restoration

forgiveness

pure thoughts

restoration

humility

ambitions

honesty

peacemaking

Spiritual Disciplines *for* Ordinary People

Spiritual Disciplines For Ordinary People

Mitch Finely



Spiritual Disciplines For Ordinary People:

The Life You've Always Wanted John Ortberg, 2009-05-18 Ignite a deeper more vibrant relationship with God that impacts not just your spiritual life but every aspect of your daily life John Ortberg calls readers back to the dynamic heartbeat of Christianity God's power to bring change and growth and reveals how and why transformation takes place *The Life You've Always Wanted* offers modern perspectives on the ancient path of the spiritual disciplines But it is more than just a book about things to do to be a good Christian It's a road map toward true transformation that starts not with the individual but with the person at the journey's end Jesus Christ As with a marathon runner the secret to finishing a race lies not in trying harder but in training consistently training with the spiritual disciplines The disciplines are neither taskmasters nor ends in themselves Rather they are exercises that build strength and endurance for the road of growth The fruit of the Spirit joy peace kindness etc are the signposts along the way Paved with humor and sparkling anecdotes *The Life You've Always Wanted* is an encouraging and challenging approach to a Christian life that's worth living a life on the edge that fills an ordinary world with new meaning hope change and joy

Spiritual Disciplines for Ordinary People Keith Drury, 1991 Drury offers practical help for mastering the everyday issues in your spiritual life that add up to real life change Each down to earth chapter tackles a real life obstacle that Christians face such as making things right with others forgiving those who have hurt you conquering impure thoughts and winning the battle against pride

The Life You've Always Wanted John Ortberg, 2015

The Life You've Always Wanted John Ortberg, Amanda Sorenson, Stephen Sorenson, 2004-07-23 Based on John Ortberg's ECPA bestseller on the spiritual disciplines John Ortberg takes Jesus' call to abundant living seriously joyfully and realistically He believes human transformation is genuinely possible and he describes its process in sane and practical ways Richard J Foster Author *Celebration of Discipline and Prayer Finding the Heart's True Home* What does truth spiritual life really look like What keeps you from living such a life How can you pursue it If you're tired of the status quo if you suspect there's more to Christianity than what you've experienced John Ortberg invites you and your small group to join him on a road to transformation and spiritual vigor that anyone can take Designated to help you make the journey together *The New Life You're Always Wanted* Zondervan Groupware guides you down the ancient path of the spiritual disciplines As in a marathon the secret lies not in trying harder but in training consistently Proven by followers of Jesus over the centuries the spiritual disciplines are exercises that strengthen your endurance race on the road of growth As you and your group continue down that road you'll see the signposts joy peace kindness and all the hallmarks of a faith that's vital real and growing

Sidebar *The Life You've Always Wanted* kit includes 1 Leader's guide 1 Participant's guide 1 Copy of *The Life You've Always Wanted* hardcover edition 1 Video in both VHS and DVD formats All items except video also sold separately Sessions include 1 It's Morphing Time 2 Slowing Down and Celebrating 3 Praying and Confessing 4 Meditating on Scripture and Seeking Guidance 5 Practicing Servanthood Finding Freedom 6 Going the Distance with a Well Ordered Heart Zondervan Groupware

delivers personal spiritual growth through compelling biblical content minimal preparation time for both leader and participant proven learning techniques using individual participant s guides and a variety of media meaningful interaction in groups of any size in any setting **The Life You've Always Wanted** John Ortberg,2004 In the six session video based Bible study *The Life You ve Always Wanted* award winning author John Ortberg teaches participants the skills essential to running the marathon in the Christian life This Leader s Guide is designed to facilitate a class small group or retreat working through the material in *The Life You ve Always Wanted* study **Spiritual Disciplines Handbook** Adele Ahlberg Calhoun,2015-11-19 Adele Calhoun s *Spiritual Disciplines Handbook* has become a standard for those who want to expand their knowledge of spiritual practices Now this beloved resource has been revised throughout and expanded to include thirteen new disciplines along with a new preface by the author giving us practical guidance in our continuing journey toward intimacy with Christ **Prayer for People Who Think Too Much** Mitch Finley,2011-08-25 A guide to everyday anywhere prayer from the world s faith traditions Why do so many Americans claim that they pray every day but when we actually see someone praying outside of a formal religious service we tend to view it as being eccentric or bizarre Acclaimed author Mitch Finley takes a thoughtful look at how each major faith tradition incorporates prayer into daily life Christian sacraments Jewish holy days Muslim daily prayer mindfulness in Buddhism and Hindu rituals are just some of the practices Finley examines Exploring how people of many faiths pray will help you better understand and enhance your own prayer practices **How to Keep a Spiritual Journal** Ron Klug,2001-12-01 A comprehensive handbook for starting and keeping a spiritual journal **Spiritual Disciplines for Ordinary People -- Leader's Guide** Keith W. Drury,1990-04-01

Transformation Bill Hybels,2005-07-31 This study will help you recognize and cooperate with God s transforming influence in your life You ll learn proven ways of responding to God s guidance that will keep you growing closer to Him 6 SESSIONS **False Love** Brad Hambrick,2025-08-11 In *False Love* counselor Brad Hambrick outlines a 9 step framework for recovery from sexual sin and invites you to experience freedom and true intimacy with God and those you love

Psychoanalysis as a Spiritual Discipline Paul Marcus,2021-04-26 The great existential psychiatrist Ludwig Binswanger famously pointed out to Freud that therapeutic failure could only be understood as the result of something which could be called a deficiency of spirit Binswanger was surprised when Freud agreed asserting Yes spirit is everything However spirit and the spiritual realm have largely been dropped from mainstream psychoanalytic theory and practice This book seeks to help revitalize a culturally aging psychoanalysis that is in conceptual and clinical disarray in the marketplace of ideas and is viewed as a theory in crisis no longer regarded as the primary therapy for those who are suffering The author argues that psychoanalysis and psychoanalytic psychotherapy can be reinvigorated as a discipline if it is animated by the powerfully evocative spiritual moral and ethical insights of two dialogical personalist religious philosophers Martin Buber a Jew and Gabriel Marcel a Catholic who both initiated a Copernican revolution in human thought In chapters that focus on

love work faith suffering and clinical practice Paul Marcus shows how the spiritual optic of Buber and Marcel can help revive and refresh psychoanalysis and bring it back into the light by communicating its inherent vitality power and relevance to the mental health community and to those who seek psychoanalytic treatment **Christian Life** Roberto Tinoco,2025-06-12

The Christian life is wonderful but we must learn to live it and even more so we must know that it has many ups and downs Many people begin the Christian journey but when struggles and trials problems and difficulties come they abandon it because they didn't understand what they were going to encounter On the other hand they didn't learn the basics to face those situations and continue forward persevering in the Lord This book has been written to help Bible institute students understand the basics of the Christian life but also as a tool for pastors and teachers who work in the formation of new believers In it the reader will learn details about the Christian life its meaning and the basic themes of the faith that will help them understand life in Christ In addition the student will learn about the need to grow spiritually about the meaning of conversion and its application in daily life and what is expected of a converted person They will also learn that Christians face struggles trials and temptations every day but these are part of the growth process Furthermore the reader will learn about the spiritual disciplines of the believer and how they can influence not only behavior but also personal development This book teaches about worship prayer fasting Bible study and the importance of gathering together to worship God Along these lines the student will explore ways to implement these practices in daily life Finally this book teaches about the importance of getting along with others personal relationships and how to serve God in this new life The Life You've Always Wanted Participant's Guide John Ortberg, Stephen and Amanda Sorenson,2015-04-27 In the six session small group Bible study The Life You've Always Wanted John Ortberg guides participants down the path of the spiritual disciplines The Life You've Always Wanted Curriculum Kit John Ortberg,2008-12-30 In this six session Zondervan Groupware video curriculum award winning author John Ortberg teaches participants the skills essential to running the marathon in the Christian life

Celebration of Discipline, Special Anniversary Edition Richard J. Foster,2018-02-13 A newly repackaged and updated 40th anniversary edition of the timeless guide that has helped numerous seekers discover a richer spiritual life infused with joy peace and a deeper understanding of God updated with a new introduction by the author and a new section Entering the Great Conversation about the Growth of the Soul Hailed by many as the best modern book on Christian spirituality Celebration of Discipline explores the classic Disciplines or central spiritual practices of the Christian faith Along the way Foster shows that it is only by and through these practices that the true path to spiritual growth can be found Dividing the Disciplines into three movements of the Spirit Foster shows how each of these areas contribute to a balanced spiritual life The inward Disciplines of meditation prayer fasting and study offer avenues of personal examination and change The outward Disciplines of simplicity solitude submission and service help prepare us to make the world a better place The corporate Disciplines of confession worship guidance and celebration bring us nearer to one another and to God Foster

provides a wealth of examples demonstrating how these Disciplines can become part of our daily activities and how they can help us shed our superficial habits and bring the abundance of God into our lives He offers crucial new insights on simplicity demonstrating how the biblical view of simplicity properly understood and applied brings joy and balance to our inward and outward lives and sets us free to enjoy the provision of God as a gift that can be shared with others The discussion of celebration often the most neglected of the Disciplines shows its critical importance for it stands at the heart of the way to Christ Celebration of Discipline will help Christians everywhere to embark on a journey of prayer and spiritual growth

Richard Foster's Treasury of Christian Discipline Richard J. Foster,1995 **The Life You've Always Wanted Bible**

Study Participant's Guide John Ortberg,2013-05-15 In the six session small group Bible study *The Life You've Always Wanted* John Ortberg guides you and your group through the spiritual disciplines and teaches you how they can transform your spiritual life What does true spiritual life really look like And what keeps you from living it What can you do to pursue it If you're tired of the status quo if you suspect there's more to Christianity than what you've experienced John Ortberg invites you to join him on a road to transformation and spiritual vigor that anyone can take Cultivate new intimacy and confidence in prayer Discover the freedom of secrecy Taste the benefits of slowing life's frenetic pace Learn how to be guided by the Holy Spirit and much more As in a marathon the secret lies not in trying hard but in training consistently Proven by followers of Jesus over the centuries the spiritual disciplines are exercises that strengthen your endurance race on the road to growth Sessions include It's Morphing Time Slowing Down and Celebrating Praying and Confessing Meditating on Scripture and Seeking Guidance Practicing Servanthood Finding Freedom Going the Distance with a Well Ordered Heart Designed for use with *The Life You've Always Wanted* A DVD Study 9780310810506 sold separately **The Workbook on Spiritual**

Disciplines Maxie D. Dunnam,Maxie Dunnam,1984 *The Workbook on Spiritual Disciplines* is a six week study on spiritual disciplines for the enhancement of the devotional life It is designed to be used by small groups especially in the local church setting Maxie Dunnam believes that discipline is required for the Christian life But discipline is not to be seen as a religious practice that has merit within itself it is a means to an end The end toward which the discipline takes us is to grow spiritually to mature in our Christian faith and life to be alive in Christ *Spiritual Disciplines for Everyday Living* Ronald V. Wells,1987-10

The Enigmatic Realm of **Spiritual Disciplines For Ordinary People**: Unleashing the Language is Inner Magic

In a fast-paced digital era where connections and knowledge intertwine, the enigmatic realm of language reveals its inherent magic. Its capacity to stir emotions, ignite contemplation, and catalyze profound transformations is nothing lacking extraordinary. Within the captivating pages of **Spiritual Disciplines For Ordinary People** a literary masterpiece penned with a renowned author, readers set about a transformative journey, unlocking the secrets and untapped potential embedded within each word. In this evaluation, we shall explore the book's core themes, assess its distinct writing style, and delve into its lasting effect on the hearts and minds of those who partake in its reading experience.

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