

# SIN OUT OF IT!

6 STEPS TO  
BANISHING BAD HABITS,  
ADDICTIONS, AND  
NEGATIVE THOUGHTS

**DR. HERBERT S. COHEN**  
with Nancy R. M. Whitin



# Snap Out Of It 6 Steps To Banish Bad Habits Addictions And Negative Thoughts

**Pete Butler**



## **Snap Out Of It 6 Steps To Banish Bad Habits Addictions And Negative Thoughts:**

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