

The Skier's All-Round Exercise

By Dr. H. H. H. H.

Illustrated
golden series for
skiers and snowmen

Skiers Year Round Exercise Guide

Yi-Tong Ma

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Professional Ski Instructors of America Present Skiing Right Horst Abraham,1983 *The Skier's Year Round Exercise Guide*
Thea D. Slusky,1979 **Books in Print**,1991

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