

»Ich möchte leben, ich möchte möglichst viel daraus machen!«

Michaela May steht für vieles: das Urmünchnerische, Bodenständigkeit, unbändige Reiselust, Wohltätigkeit und schauspielerisches Können. In ihrer Autobiografie erzählt sie von ihrer Familie, von ihrem Weg über den Tanz zu den ersten Rollen in Film und Fernsehen, von ihrer Liebe zur Natur und dem Durst nach Freiheit. Doch hinter ihrem strahlenden Lächeln verbirgt sich viel Ungesagtes. Mit diesem Buch öffnet Michaela May eine Tür, die bislang verschlossen blieb, zeigt sich nicht nur als Schauspielerin, sondern auch als Tochter, Schwester, Freundin und Partnerin. Sie spricht über die Abgründe, in die sie blicken musste, und wie sie es trotz ihrer schrecklichen Verluste schafft, das Hier und Heute zu genießen und glücklich zu sein.

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