

# CAN TEENAGERS GET BREAST CANCER: Understanding the Risks

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Breast cancer is often associated with older women, but the reality is that it can affect individuals across various age groups, including teenagers. While rare, the occurrence of breast cancer in adolescents warrants understanding and awareness. This article explores the nuances of breast cancer in teenagers, its risks, detection, and implications for young individuals.

## Risks and Factors

The likelihood of teenagers developing breast cancer is low compared to older women, but certain factors can elevate their risk. Genetics play a crucial role; adolescents with a family history of breast cancer or carrying genetic mutations like BRCA1 and BRCA2 face higher risks. Other factors such as radiation exposure, hormonal imbalances, and certain benign breast conditions may also contribute to the risk profile.



Understanding these risk factors is vital for early detection and prevention strategies. While routine mammograms are not recommended for teenagers, awareness of breast changes and regular self-examinations can help in early detection.

## Symptoms and Detection

Symptoms of breast cancer in teenagers may not be immediately noticeable or may mimic benign conditions. These can include lumps or swelling in the breast or underarm area, changes in breast size or shape, nipple discharge (other than breast milk), and breast pain. Any persistent or unusual changes should prompt consultation with a healthcare provider for further evaluation.

# Teenagers Face To Face With Cancer

**Kevin S. Hile**

## **Teenagers Face To Face With Cancer:**

*Teenagers Face to Face with Cancer* Karen Gravelle, Bertram A. John, 2000-12 Sixteen teenagers 15 of whom have or had cancer talk openly about their experiences with the disease from the physical difficulties of coping with treatment to the emotional trauma that can be as painful as the illness itself An important heartfelt honest book that demonstrates clearly how having cancer changes young people and how from such trouble can emerge such strength Starred Review Booklist January 1987

**Teenagers Face to Face With Cancer** Karen Gravelle, Bertram A. John, Ph.D., 2000-12-01 **Teens with Cancer**

Gail B. Stewart, 2001-06 This book discusses the stories of four young cancer patients and how each handles the daily demands of family education social life doctor visits and medical treatments and how each finds the strength and courage to continue their battle against cancer

**Cancer Information for Teens, 5th Ed.** James Chambers, 2021-11-01 Consumer

health information for teens about cancer risk factors prevention and treatment along with tips for coping with cancer at home and school and helping a friend or family member who has cancer Includes index resource information and

recommendations for further reading **Skin Health Information for Teens, Fifth Edition** James Chambers, 2022-07-01

Provides consumer health information for teens about acne infections and other skin conditions with facts about skin cancer prevention and tips for taking care of the skin nails and hair Includes index resource information and recommendations for

further reading **Something about the Author** Kevin S. Hile, 1994 Series covers individuals ranging from established award winners to authors and illustrators who are just beginning their careers Entries cover personal life career writings and works in progress adaptations additional sources and photographs

**Teens Face to Face with Chronic Illness** Suzanne

LeVert, 1993 Discusses such chronic diseases as hemophilia asthma diabetes and epilepsy and examines how they can affect such daily activities as school sports and relating to friends and family

**The Safe and Sane Guide to Teenage Plastic Surgery** Frederick N. Lukash, 2010 The Safe and Sane Guide to Teenage Plastic Surgery by Dr Frederick N Lukash is the only complete guide to this ever expanding phenomenon Written by the American Society of Plastic Surgery s acknowledged

expert and official media spokesperson on pediatric and adolescent plastic surgery this book answers those tough questions parents of potential teenage plastic surgery candidates have Will surgery increase their child s self esteem and help them fit in better Or is it a dangerously easy solution to deeper issues When is surgery right and when is it not Interviewed in The

New York Times and featured on Discovery Health among many other media outlets Lukash guides families through every step of the process from finding the perfect fit doctor and applying for medical insurance to surgery and finally to recovery and a changed life A virtual free consultation with a renowned expert in the field the book doesn t just offer easy solutions to teen s body image problems but helps parents understand the emotional psychological and social dilemmas involved

Complete with action plans real life stories and pictures The Safe and Sane Guide to Teenage Plastic Surgery offers advice on what can can t and shouldn t be done and on how to spot the doctors who will exploit a teen s fragile sense of self esteem as

well as his or her parent's pocketbook Most important Lukash provides a useful red light yellow light green light guide for considering teen plastic surgery Teen Skin Gordon Chenoweth Sauer,1965 **The Complete Directory for People with Chronic Illness** Laura Mars,Laura Mars-Proietti,2000-02 The widely hailed Complete Directory for People with Chronic Illness updated for 2000 01 is structured around the 80 most prevalent chronic illnesses from Asthma to Cancer to Wilson's Disease providing a comprehensive overview of the support services and information resources available for people diagnosed with a chronic illness Each chronic condition contains a brief description of the illness in layman's language followed by National and Local Organizations State Agencies Newsletters Research Centers Hotlines Books and Periodicals Also provided are sections on General Resources both Associations and Media as well as chapters on Death and Bereavement and Wish Foundations This directory makes it possible to provide comprehensive and critical information from just one source in just one stop An Entry Name Index and a Geographic Index will quickly direct users to relevant information and support services The Complete Directory for People with Chronic Illness is a necessary addition to any reference collection

The Best Years of Their Lives Stephanie Zvirin,1992 A selective annotated bibliography of fiction and non fiction self help works for teenagers arranged under such topics as Family Matters Crack Glue or a Six pack or Two and Sex Stuff

**Parents Guide to Top 10 Dangers Teens Face** Stephen Arterburn,Jim Burns,1999-04-24 Issues include sex substance abuse sexual abuse suicide Satanism homosexuality AIDS pornography runaways and eating disorders **The Teen Face Book** American Academy of Facial Plastic and Reconstructive Surgery,1989 Discusses various types of facial plastic surgery such as removal of birthmarks reconstruction after injuries and jaw realignment Childhood Cancer Honna Janes-Hodder,Nancy Keene,1999 There are nearly 6 000 children in the United States who are being treated for solid tumor cancers Childhood Cancer A Parent's Guide to Solid Tumor Cancers offers detailed and precise medical information about solid tumor childhood cancers which include neuroblastoma Wilms tumor liver tumors bone sarcomas and retinoblastoma Book jacket Kirkus Children's and Young-adult Edition ,1986 **American Academy of Pediatrics Caring For Your Teenager** Philip Bashe,2003-04-29 Offers guidelines and advice on helping teenagers cope with adolescence including setting rules and limits dealing with peer pressure and finding the right college **The Parent's Desk Reference** Irene M. Franck,David M. Brownstone,1991 An encyclopedia about parenting with over 2 000 entries covering all aspects of child rearing from A to Z A Teen-age Guide to Healthy Skin and Hair Irwin Irville Lubowe,Barbara Huss,1965 Library Media Connection ,1992 Jim Kobak's Kirkus Reviews ,1986

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