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FIRMING UP YOUR FLABBY FAITH



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Put Your Potatoes on the Desktop will Challenge the belief that you need to be powerful in order to succeed Expose the myth that your emotions are a liability Enlighten you to apply the constructive mindset of anger in yourself and others Motivate you to teach your children or others about emotion intelligence what they do not necessarily learn in school Liberate you to choose forgiveness and apology to experience greater fulfillment personally and in your relationships Inspire you with the role of faith and the relevance of the Bible to everyday life You will be introduced to a practical approach to understand and apply the concepts of emotion intelligence to real life issues The definition of anger is explored as well as the difference between anger and anger management The basis of the destructive mindset with possible consequences of low self esteem addictions depression anxiety abusive outbursts bullying loneliness or stress related medical illness is discussed Then presented is the contrasting impact of the constructive mindset to free you to enjoy the benefits of increased self esteem creativity perseverance and effective communication strategies You will become acquainted with the value of hope the attainment of purpose and the application of boundaries to work towards healthy relationships Relating with the concept of potatoes will help you understand the foundation of aggressive tendencies in yourself and how to deal with aggressiveness in others You will learn how to apply the constructive mindset to deal with past hurts and insults by the process of forgiveness If you are eager to learn about the real role of emotions in your life then this book is for you

The Curriculum and Small Group Resource Guide Judy Hamlin,1991 [Firming Up Your Flabby Faith](#) Vicki Lake,1990 [The Weapons of Our](#)

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Phil Hopper,2020-03-17 The Armor of God Your Key to Victory Right now there is a real spiritual battle going on in the unseen realm Every Christian must equip themselves against the forces of darkness Victory is possible when we use the full armor of God described in Ephesians 6 In Pastor Phil Hopper s first book Defeating the Enemy he

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Whispering the Techniques of Language: An Psychological Journey through **Firming Up Your Flabby Faith**

In a digitally-driven world where monitors reign supreme and quick conversation drowns out the subtleties of language, the profound secrets and mental nuances hidden within phrases often get unheard. Yet, nestled within the pages of **Firming Up Your Flabby Faith** a interesting fictional value sporting with organic thoughts, lies an exceptional journey waiting to be undertaken. Composed by a talented wordsmith, this charming opus encourages readers on an introspective trip, lightly unraveling the veiled truths and profound influence resonating within the very cloth of every word. Within the emotional depths of this moving evaluation, we will embark upon a honest exploration of the book is primary styles, dissect its fascinating writing model, and fail to the effective resonance it evokes serious within the recesses of readers hearts.

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