

Module 1 Introduction to OSHA: Study Guide

Module Learning Objectives

1. Recognize types of workplace hazards.
2. List your rights and responsibilities.
3. Identify your employer's responsibilities.
4. File a health and safety complaint.
5. Outline the steps OSHA takes to address complaints.

Module Summary

Learning Objective 1. Recognize types of workplace hazards.

Congress created OSHA in 1970 with the Occupational Safety and Health Act ("OSH Act") to make workplaces safer. A key component is identifying and addressing workplace hazards as early as possible to help prevent injuries and illnesses.

Common types of hazards include:

- Unstable walls
- Safety hazards: Unsafe conditions that can cause burns, cuts, amputations, broken bones, electric shock, or death.
- Chemical hazards: Harmful chemicals, including gases, liquids, or dust, that can get into the body through the nose, mouth, or skin.
- Biological hazards: Living things, including plants, animals, or germs, that can cause diseases, allergic reactions, bites, or poisoning.
- Physical hazards: Environmental conditions that can cause sunburn, dehydration, frostbite, or hearing loss.
- Ergonomic hazards: Working conditions that can cause back, shoulder, or neck pain, discomfort, strains, and other injuries.
- Work organization hazards: Workplace issues that can cause stress.

The hierarchy of controls outlines the best way to protect workers from hazards by:

- Eliminating them from the site.
- Substituting them for something else.
- Reducing workers' exposure with engineering safeguards (also called engineering controls).
- Instituting safety policies (also called administrative controls).
- Providing personal protective equipment (PPE) to protect against the effects of the hazard.

Osha Safety Study Guide

Mike L Turner



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Table of Contents Osha Safety Study Guide

1. Understanding the eBook Osha Safety Study Guide
 - The Rise of Digital Reading Osha Safety Study Guide
 - Advantages of eBooks Over Traditional Books
2. Identifying Osha Safety Study Guide
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Osha Safety Study Guide
 - User-Friendly Interface
4. Exploring eBook Recommendations from Osha Safety Study Guide
 - Personalized Recommendations
 - Osha Safety Study Guide User Reviews and Ratings
 - Osha Safety Study Guide and Bestseller Lists

5. Accessing Osha Safety Study Guide Free and Paid eBooks
 - Osha Safety Study Guide Public Domain eBooks
 - Osha Safety Study Guide eBook Subscription Services
 - Osha Safety Study Guide Budget-Friendly Options
6. Navigating Osha Safety Study Guide eBook Formats
 - ePub, PDF, MOBI, and More
 - Osha Safety Study Guide Compatibility with Devices
 - Osha Safety Study Guide Enhanced eBook Features
7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Osha Safety Study Guide
 - Highlighting and Note-Taking Osha Safety Study Guide
 - Interactive Elements Osha Safety Study Guide
8. Staying Engaged with Osha Safety Study Guide
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Osha Safety Study Guide
9. Balancing eBooks and Physical Books Osha Safety Study Guide
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Osha Safety Study Guide
10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
11. Cultivating a Reading Routine Osha Safety Study Guide
 - Setting Reading Goals Osha Safety Study Guide
 - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Osha Safety Study Guide
 - Fact-Checking eBook Content of Osha Safety Study Guide
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning

- Utilizing eBooks for Skill Development
- Exploring Educational eBooks

14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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