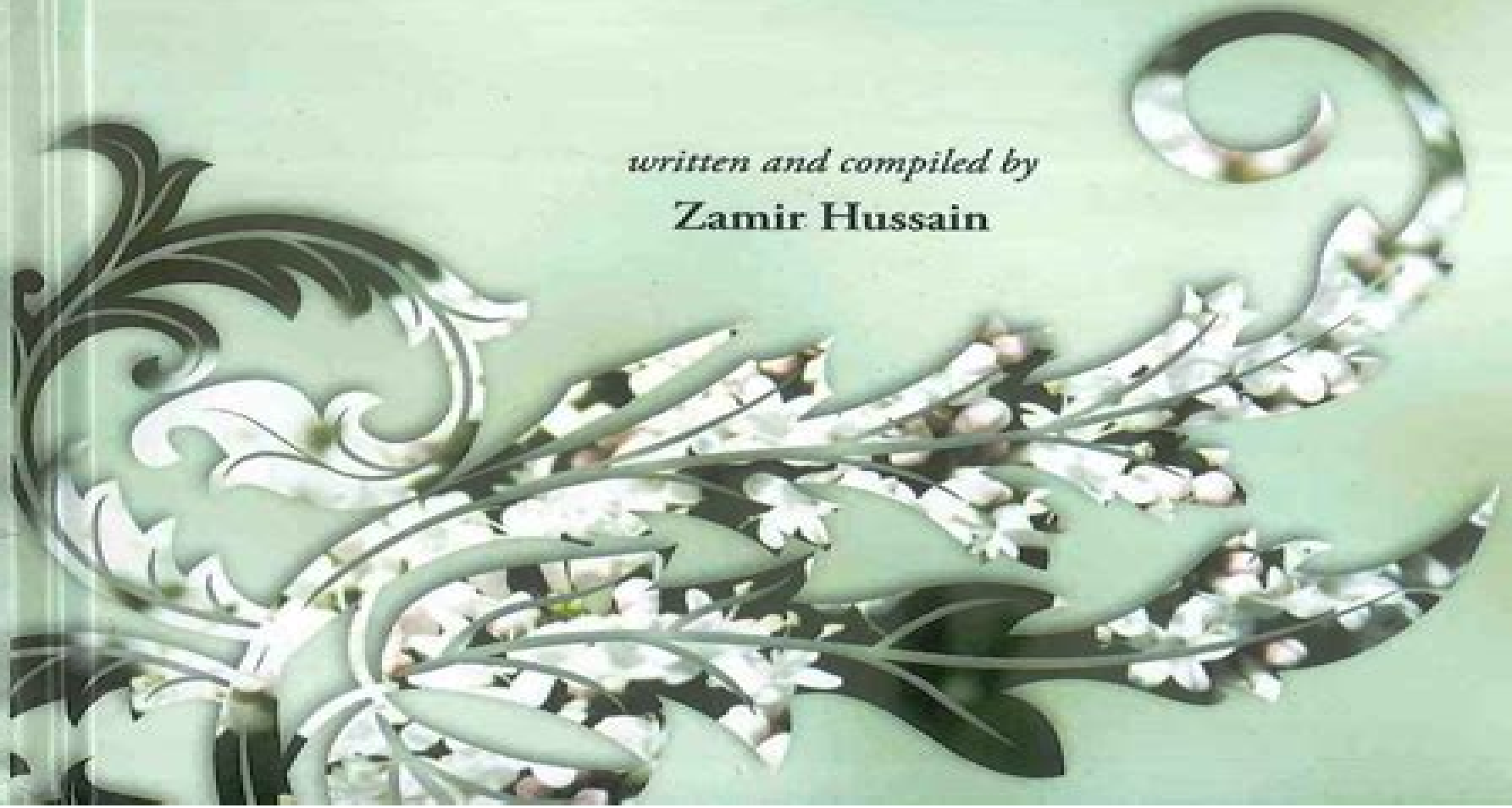


A Gift for the Bereaved Parent

*A remedy for grief from the Islamic perspective
using quotes from the Qur'an and Ahadith*

written and compiled by
Zamir Hussain



The Bereaved Parent

Juliet Cassuto Rothman



The Bereaved Parent:

The Bereaved Parent Harriet Sarnoff Schiff, 2012-04-18 Practical supportive advice for bereaved parents and the professionals who work with them based on the experiences of psychiatric and religious counselors FROM THE INTRODUCTION Certainly in the early days after our son died no one could have patted us on the our heads and convinced us everything would be all right Nor will this book do that for you It will with the help of parents who have successfully coped and professional people who work with bereavement offer guidelines and practical step by step suggestions to aid you

The Bereaved Parent Harriet Sarnoff Schiff, 1992 **The Bereaved Parents' Survival Guide** Juliet Cassuto Rothman, 1997 Rothman addresses the issues bereaved parents are likely to face from marriage break ups handling the grief and guilt of siblings dealing with well meaning friends and relatives to how to deal with the lost child s room and belongings

A Gift for the Bereaved Parent Zamir Hussain, 2010 The loss of a child is probably the most painful experience a parent can go through It is at such times of deep sorrow and grief that people often turn to their faith This book has been written to address this need from the Islamic perspective using quotes from the Quran and Ahadith How to Survive the Loss of a Child Catherine Sanders, 2011-08-17 Thank you Catherine Sanders for giving us a book that few others could have written Every page speaks both the depth of your compassion and the breadth of your knowledge This book will be a wise companion on the difficult journey from loss to recovery Robert Kastenbaum Ph D author of *The Psychology of Death* How to Survive the Loss of a Child is a godsend to those in the field as well as to those of us in need of such a resource for our own mourning Eugene Knott Ph D University of Rhode Island Dr Sanders insights are profound and poignant Patricia Geiger M D pediatrician Boone North Carolina Thank you so much for all that you do for bereaved parents but especially for writing *How to Survive the Loss of a Child* I know that it has changed lives It changed mine Nancy Ulmer bereaved parent Kindermourn Charlotte North Carolina It is only through experiencing grief that bereaved parents ultimately heal Moving through the phases of grief the bereaved person works toward restoration Understanding these phases knowing what to expect and learning what they can do to help themselves give parents greater assurance and comfort In *How to Survive the Loss of a Child* Dr Sanders a bereaved parent herself offers grieving parents practical help and emotional support This book also helps family members friends and caregivers relate to grieving parents and aids them too in understanding the process of healing through grief A Gift for the Bereaved Parent Zamir Hussain, The loss of a child is probably the most painful experience a parent can go through It is at such times of deep sorrow and grief that people often turn to their faith This book has been written to address this need from the Islamic perspective using quotes from the Qur an and Hadith In addition the author has drawn from her experience as a Muslim Chaplain at a children s hospital to clarify some of the questions and confusion that a bereaved Muslim parent may ask or feel *A Gift for the Bereaved Parent* gives permission to be human whilst offering comfort healing and gentle encouragement through the grief It is a guide and companion to be turned to again and again

Understanding Bereaved Parents and Siblings Cathy McQuaid, 2021-05-10 Understanding Bereaved Parents and Siblings is based on lived experiences and provides insight ideas and inspiration on how to support the bereaved how to talk to them about their experience and how to help people manage their own shock or grief Part I of the book contains ten stories from parents and six from siblings sharing their experiences Each narrator discusses their relationship with the person who died what led up to the death the impact of the loss on the speaker as well as what helped and what hindered them in their grief Part II is aimed at professionals and draws on various topics such as grief and bereavement models transgenerational loss resilience protection and creative ways of working with grief The book will be an essential read for the bereaved and the professionals family and friends who are supporting them *GIFT FOR THE BEREAVED PARENT. ZAMIR. HUSSAIN, 2024*

The Spiritual Lives of Bereaved Parents Dennis Klass, 2013-11-12 This book describes how parents lose find or relocate spiritual anchors after the death of their child It describes how ordinary people reconstruct their lives after their foundations have shifted and how they make sense of their world after one of their centers of meaning has been removed Klass grounds his descriptions of spirituality in his scholarly study of comparative religions and in his two decades studying the lives of bereaved parents He argues that continuing bonds with their dead children can give parents a new transcendent reality Deceased children like saints or bodhisattvas can offer a bridge between the profane and sacred worlds support parents as they find meaning in a world made forever poorer and bind together a community adequate to parents grief The book reports Klass's clinical practice and his work as advisor to a bereaved parents self help support group

Helping Bereaved Parents Richard G. Tedeschi, Lawrence G. Calhoun, 2004 First Published in 2004 Routledge is an imprint of Taylor Francis an informa company **Helping Bereaved Parents** Richard G. Tedeschi, Lawrence G. Calhoun, 2004-03-01 This book provides a concise yet comprehensive guide to effective work with bereaved parents combining a broad overview of current research theory and practice with the authors own extensive clinical experience Transcripts of individual couple and group meetings illustrate the delicate subtleties of this work giving the reader helpful insights into more effective clinical practice The authors emphasize the importance of approaching each parent as a unique person while also considering the socio cultural context of the bereaved This book helps clinicians approach work with bereaved parents with a less scripted format suggesting an alternative role as expert companion to the bereaved allowing for a more uplifting experience for both parties

The Death of an Adult Child Jeanne Webster Blank, 2016-11-03 This book was written to be a comfort and guide for bereaved parents whose adult child has died to show by sharing our experiences that we are not alone in our responses to our child's death that we are not weak defective in character or otherwise inadequate because of the way we grieve to spell out ways in which some of us have increased our understanding of our condition found solace dispelled guilt and anger overcome depression come to terms with survivors and memorialized our deceased children Questionnaires were sent to more than sixty bereaved parents of adult children who died and many anonymous examples

from these questionnaires are used throughout the book

Parent Grief Paul C. Rosenblatt, 2016-02-04 Explores what couple and individual stories say and do not say about the child's dying and death and about parent grief The author uses narratives as his tool for the introduction and exploration of the many facets of parental grief

The Spiritual Lives of Bereaved Parents Dennis Klass, 1999 How parents lose find or relocate spiritual anchors are described by Dennis Klass Descriptions are grounded in the scholarly study of comparative religions

Healing a Parent's Grieving Heart Alan Wolfelt, 2002-04-01 Presenting simple yet highly effective methods for coping and healing this book provides answers and relief to parents trying to deal with the loss of a child It offers 100 practical action oriented tips for embracing grief such as writing a letter to the child who has died spending time with others who will listen to stories of grief creating a memory book box or Web site and remembering others who may still be struggling with the death The guide also addresses common problems for grieving parents including dealing with marital stress helping surviving siblings dealing with hurtful advice and exploring feelings of guilt This compassionate resource will aid parents who have been through the death of a child whether the passing happened recently or many years ago whether the child was young or an adult

Living Still, Loving Always Nita G. Aasen, 2004 Nita has taken the very personal journey of grief and shared it in such powerful ways that any grieving parent will find comfort and wisdom in her writings Drawing from her experience in the health care field and the shattering effect of losing both of her sons she provides insight and guidance well beyond her own story The essays each have a message that can stand alone but they also weave together throughout the book to make it a valuable resource that can be given to anyone grieving the death of a child This book puts into words the hope and solace that comes from living with permission to mourn

When Mourning Comes N. Leigh Nicholson, 2016

The Grieving Parent's Book of Hope Norma Sawyers-Kurz, 2014-07-01 THE GRIEVING PARENT'S BOOK OF HOPE HOW TO SURVIVE THE LOSS OF YOUR CHILD is a comprehensive and compassionate journey down the road of grief toward healing The book helps to take the parent away from the lonely path of lost hope to a life once again filled with meaning and purpose It is written from the intimate firsthand experience of a mother who has lost her child and holds the reader in a continual warm embrace Although competent professionals have written many books about the grieving process this book has been written by someone who personally understands how a bereaved parent feels

From Despair to Hope Linda Zelik, 2019-07-22 This is a must have book for every newly bereaved parent Written by a mother who lost a son the book offers help hope and guidance to those facing the crippling emotions that come with the loss of a child of any age The author combines suggestions gained from personal experience as well as advice from other parents and experts in their fields This helpful information is presented in an easy to follow self help format Also included and unique to this book is a section on after death communications demystifying them and verifying that they can be a source of tremendous solace and hope to any grieving parent

Come Grieve Through Our Eyes Laura Diehl, 2015-11-13 Come Grieve Through Our Eyes gives a clear truthful message from those who have lost a

child to those who want to know how to be there for these grieving parents This book opens the door into the world of bereaved parents enabling the readers to go beyond just condolences and sympathy but having compassion at a level that will help these devastated parents at their deepest level of need As a bereaved parent herself author Laura Diehl offers a glimpse into the dark pit parents find themselves thrown into after the death of their child Some of the things you will discover are What almost every grieving parent fears the most Why the normal clichés for grief can actually intensify their pain How to know what a grieving parent needs down the road Three times of year that are especially difficult for someone who has lost a child How to keep your friendship strong with a bereaved parent Many people seem to think if a parent who has lost a child would just think happy thoughts about Jesus and His promises the pain would go away and they could get back to normal These kinds of thoughts from the people around them cause many grieving parents to isolate themselves They shut others out making it even more difficult for friends and family to understand their unwanted world of darkness confusion and pain Those who have an understanding of how dark their world is will be much better equipped to be able to help these shattered parents in a way that can pull them out of that darkness If you care about someone who is experiencing this kind of pain you will want to know how to support and help them through it Come Grieve Through Our Eyes is the place to begin Thank you for choosing to try and come into our world It means a lot to us more than we can say author Laura Diehl

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