



South Downs Way

Paul Millmore, Michael Allaby



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South Downs Way Paul Millmore,2001-07-01 *South Downs Way* Great Britain. Countryside Commission,1997

South Downs Way Fiona Barltrop,2011-06-20 The South Downs Way runs for 100 miles 160 km from the cathedral city of Winchester to the spectacular white cliffs of East Sussex finishing at Eastbourne The undulating route offers extensive views north over the Weald and south towards the sea It forms the backbone of Britains newest National Park with rolling farmland woodland and classic grassy downland The route is a National Trail very well waymarked and can be walked at any time of year This guidebook contains all you need to plan and enjoy your walk The South Downs Way Kev Reynolds,2017-06-08

Guidebook to walking the South Downs Way National Trail a 100 mile 160km route between Winchester and Eastbourne through the South Downs National Park described in both directions over 12 stages Easy walking on ancient and historical tracks taking in wooded areas delightful river valleys and pretty villages With 1 25K OS map booklet *The South Downs Way* Kev Reynolds,2023-08-14 A guidebook to walking the 158km 100 mile South Downs Way National Trail The route crosses the South Downs National Park to link Eastbourne with Winchester and is an ideal option for those new to long distance walking The route is described in both directions east to west and west to east in 12 stages of between 6 and 19km 4 12 miles with both footpath and bridleway options for the most easterly stage Contains step by step description of the route alongside 1 50 000 OS maps Includes a separate map booklet containing OS 1 25 000 mapping with the route line Handy trek planner route summary table and selected accommodation listings help you plan your itinerary Refreshment and accommodation information given for each route stage GPX files available to download *South Downs Way* Paul

Millmore,2022-05-03 The South Downs Way runs for 100 miles 160 km over the chalk downland of Sussex and Hampshire from Eastbourne to Winchester **The South Downs Way** Martin King,2002 The South Downs Way is a long bridle path which runs for 100 miles between Eastbourne in East Sussex and Winchester in Hampshire This historic route is visited by

over a million people each year and runs through some of southern Britain s most beautiful countryside The path s chalky soil makes it a perfect surface for cycling horse riding or a leisurely stroll and has always been popular with tourists THE SOUTH DOWNS WAY is a comprehensive guide to the area s history and that of the towns and hemlets it passes through The book provides essential information about the best best accommodation and cafes en route It also details little known places of interest provides handy tips and useful addresses and a selection of detailed maps ensuring even the poorest navigators won t get lost The guide is interspersed with hilarious anecdotes from the author s own experiences of walk and cycling the South Downs Way It makes excellent reading both as a functional guide and a wonderful account of the surprises and eccentricities of the English countryside THE SOUTH DOWNS WAY is essential for everyone visiting this beautiful and secluded area be they seasoned travellers of simply day trippers **South Downs Way** Jim Manthorpe,Bryn Thomas,2015-03 The South

Downs Way is a 100 mile 160km National Trail that follows the line of chalk hills stretching from Winchester in Hampshire

across Sussex to Eastbourne Walking the length of the Downs is the best way to experience this beautiful landscape with its mixture of rolling hills steep hanging woodland and windswept fields You ll pass picture postcard villages with welcoming pubs thatched cottages and quintessentially English country gardens Includes downloadable GPS waypoints Route guide and maps plus accommodation pubs and restaurants in detailed guides to 49 towns and villages Includes 60 detailed walking maps the largest scale maps available At just under 1 20 000 8cm or 31 8 inches to 1 mile these are bigger than even the most detailed walking maps currently available in the shops Unique mapping features walking times directions tricky junctions places to stay places to eat points of interest These are not general purpose maps but fully edited maps drawn by walkers for walkers Itineraries for all walkers whether hiking the entire route or sampling highlights on day walks or short breaks Detailed public transport information for all access points Practical information for all budgets What to see where to eat caf s pubs and restaurants where to stay B Bs hotels hostels camping barns and campsites South Downs Way Jim Manthorpe, Daniel McCrohan, 2018 The South Downs Way is a 100 mile 160km National Trail that follows the line of chalk hills stretching from Winchester in Hampshire across Sussex to Eastbourne Publisher s description South Downs Walking Malcolm Oakley, 2016-08-09 South Downs Walking is a collection of motivational locations inspirational photos and wellbeing words from the soul Follow my personal journey as I discover a love of hiking England and writing Through the changing seasons I walk the ground listening to the landscape Some of my favourite West Sussex and East Sussex South Downs Way hikes for all abilities South Downs Walking is a collection of my photos my route maps my words and a great excuse to get outdoors and enjoy the fresh air I hope you will enjoy the journey with me and my words and photos will inspire you to explore your local area on foot Walking changes your view of the world just looking down on the many quaint villages from the South Downs escarpment makes me realise how important nature and the outdoors is The South Downs Way a famous national trail in Southern England is over 100 miles long but combine that with the sheer number of secondary public footpaths and OS Map trails and you can never run out of places to visit on foot Thru hikers dog walkers leisure ramblers already appreciate the beauty of the Downs I hope this book will inspire you to visit some of the locations that I have walked Charming villages open hilltops soaring coastal cliffs The South Downs has it all for walkers of all abilities Day hikes thru hiking a leisurely stroll with the dog **South Downs Way** Paul Millmore, Michael Allaby, 1994-12 **Walking the South Downs Way** Kev Reynolds, 2015-01-15 Guidebook for walking the South Downs Way National Trail a glorious 100 mile 160km national trail between Winchester and Eastbourne through the South Downs National Park described in both directions over 12 stages Easy walking on many ancient and historical tracks fine wooded areas delightful river valleys and lovely little villages *South Downs Way* Seán Jennett, 1977 **South Downs Way** Jim Manthorpe, 2004-03 Easily accessible from London this 100 mile footpath runs from Eastbourne to Winchester through southern England and the counties of East Sussex West Sussex and Hampshire **Alone on the South Downs Way** Holly Worton, 2016-06-14 Alone

on the South Downs Way is the story of Holly Worton's 100 mile walking journey along one of England's National Trails in 2015. An avid walker, she thought she was up for the challenge of an eight-day hike and happily set off to explore the South Downs. What followed was a magical journey through nature that was both more satisfying and more difficult than she ever imagined. This book contains all the blisters, sweat, and tears from that life-changing journey. More than just a walking travelogue or memoirs of a walking holiday, this book contains Holly's reflections on walking the Way, including lessons learned and practical information to help you plan your South Downs Way hiking adventure. It includes a suggested packing list, gear recommendations, and other useful tips such as when to walk the Way, where to stay, and how much you'll need to budget. This book will not only get you inspired to walk the South Downs Way or other long-distance trail, it will encourage you to get outdoors more often.

South Downs Way Jim Manthorpe, 2022-06. All in one hiking route guide, maps, and accommodations for the 100-mile South Downs Way from Winchester to Eastbourne. Includes 60 large-scale walking maps (3 1/8 inches to 1 mile), 11 town maps, and 12 overview maps. Full details of all accommodations and campsites, restaurants, and pubs, plus full public transport information. Includes day walks.

Alone on the South Downs Way Holly Worton, 2020-06-13. In 2015, the author decided to embark on a 100-mile journey walking along one of England's National Trails. An avid walker, she thought she was up for the challenge of an eight-day hike and happily set off to explore the South Downs. What followed was a beautiful journey through Nature that was both more satisfying and more difficult than she ever imagined. Undaunted, and after walking various other long-distance trails in the following years, she returned to the South Downs in 2019 for a second go. She was able to avoid all the mistakes she had made on her first journey, and the two experiences were like night and day. This book contains all the blisters, sweat, and tears from the first life-changing journey and all the joy, presence, and magic of the second one. More than just a walking travelogue or memoirs of a walking holiday, this book contains the author's reflections on walking the South Downs Way, including lessons learned and practical information to help you plan your hiking adventure. It includes a suggested packing list, gear recommendations, and other useful tips such as when to walk the trail, where to stay, and how much you'll need to budget. This book will not only get you inspired to walk the South Downs Way or another long-distance trail, but it will also encourage you to reconnect with yourself through the magic of Nature.

Walks along the South Downs Way Maruice Raynor, 1981. *A Guide to the South Downs Way* Miles Jebb, 1984. *The South Downs Way* Youth Hostels Association (England and Wales). Sussex Sub-Regional Group, 1975.

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