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**EMIL I. MONDOA, M.D.
AND MINDY KITEI**

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infection Based on cutting edge research in the rapidly evolving science of glyconutrients Sugars That Heal is an exciting new approach to health and disease prevention As medical doctor and scientific researcher Emil Mondoa explains these eight essential sugars known as saccharides are the basis of multicellular intelligence the ability of cells to communicate cohere and work together to keep us healthy and balanced Even tiny amounts of these sugars or lack of them have profound effects In test after test conducted at leading institutes around the world saccharides have been shown to lower cholesterol increase lean muscle mass decrease body fat accelerate wound healing ease allergy symptoms and allay autoimmune diseases such as arthritis psoriasis and diabetes Bacterial infections including the recurrent ear infections that plague toddlers often respond remarkably to saccharides as do many viruses from the common cold to the flu from herpes to HIV The debilitating symptoms of chronic fatigue syndrome fibromyalgia and Gulf War syndrome frequently abate after adding saccharides And for cancer patients saccharides mitigate the toxic effects of radiation and chemotherapy while augmenting their cancer killing effects resulting in prolonged survival and improved quality of life Sugars That Heal offers a revolutionary new health plan based on the science of glyconutrients foods that contain saccharides It gives authoritative guidance for getting all eight saccharides conveniently into your diet through supplements and readily available foods as well as detailed information on correct dosages Here too are chapters dealing with the special nutritional needs of people suffering from cancer heart disease asthma and neurological disorders and methods for using glyconutrients to treat depression obesity and ADHD The more doctors learn about glyconutrients the more excited they become about their long term fundamental health benefits Now with this new book the breakthroughs in the study of glyconutrients are available to everyone Whether your goal is to prevent disease live longer and better or treat a serious illness that has eluded conventional medicine Sugars That Heal is your essential guide to complete health

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explains in a separate chapter how the new information on glyconutrients represents a major breakthrough in nutrition science and medicine In nutrition because carbohydrates have been taken for granted all these years as mere energy sources In science because it relates directly to the fundamentals of cell to cell communication and In medicine because there is increasing evidence of the therapeutic value of consuming these sugars as supplements to normal diets In The Healing Power of 8 Sugars the doctors reveal the increasing weight of clinical evidence for the therapeutic benefits of glyconutrients in a wide range of medical conditions They take a panoramic look at healthcare from primary prevention diet and lifestyle issues right up to the stem cells frontier Therefore this new safe effective and convenient way to fortify the body has immediate implications for everyone **African Business** ,2006 **Black Newspapers Index** ,2007 Glyconutrients New Science of Health 100 FAQs Spanish/English Lena Zheng,2013-09-07 Promoting Glyconutrients for wellness wealth of the world What did Scientists Doctors discover The Magic effects of Glyconutrients 8 Sugars in cells communication Immune System Where Mannatech Products for Health Fitness Skin Care **Organic Living Journal** ,1997 **The Missing Link** Neecie Moore,1997 Dr Moore reports scientific research results on the use of glyconutrient supplements for autoimmune diseases cancer heart disease diabetes obesity eating disorders and alcoholism She discusses the field of glycobiology and explains in plain language how the eight essential monosaccharides work to facilitate intercellular communication in the human body The Missing Link documents evidence of the astonishing benefits offered by a new breed of nutraceuticals

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