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## *Shell guide to ESSEX*



Water is shown, even in the Silverland. That is the pattern of Rivers. Countries slope very gently to successive embankments, buildings, and where weather-beaten mounds where the soil was ground, in this eastern ancient country of low and fairly moist meadows shading off into the North Sea. The East Saxon, or "East Seax", denotes the name given to a period and to a wide stretch of rivers and estuaries and great sand and gravel areas 1,000 years ago. Old maps show that sea-shore Shallow Rivers, tributaries in the foreground, tell of ancient ancient history, of the British, then the Romans at Canterbury, or Colchester. Rivers are signs of King Cynethred or Cynethlud, named at Canterbury, which he made the chief city of all Britain in the years before the Roman invasion of A.D. 44. Rivers, too, is a sign of a child's birth at A.D. 45-50. Also a symbol of sea-shore Cynethred, symbol of the most ancient industry of Rivers, the making of salt for preserving sea-shore over low marshy-land beds. This industry of King Cynethred's era has left cairns "Red Hills" in marshy meadows of red sand sometimes gravels, debris on the coastal flats, marshes, particularly along the Blackwater Estuary. From the new city which the Romans called Colonia Victricensis, came the carrying of a shield (4). The East Saxon remained the Roman city "Colchester", the "Roman city on the Canis". Even in Roman times the Canis had been famous for oysters. The Silver Queen (5) in the picture belongs to Colchester Corporation, and was made at the official standard of the time the Colchester coat of arms before they are gathered. Next to are wild flowers of the Essex saltmarsh, Sea Lavender (6) and Sea Aster (7). Indeed the class of Rivers are celebrated for heathland trees (8) - pollarded hornbeams are characteristic of Rivington Forest, from the glades of which the poet John Clare used to see London "like a ghost among the hills" (9) and for the tree Oakley (10) of woods and copse, which is either larger and more pallid than the common, or like the Bess of Wriothesley (11), which are commoner above the roofs of some of the older towns along the Essex coast.

The "School Guide to British Birds", a monthly series depicting animals and plants in their natural surroundings, which gives guidance to all young people, is published in book form by Phoenix House Ltd at 7s. The "School Guide to Trees" and "School Guide to Flowers of the Countryside" are also available at 7s 6d each. Obtain at booksellers and booksellers.

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# Essex A Shell Guide

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