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masaje wikipedia la enciclopedia libre - May 09 2023

web el uso profesional del masaje en el ámbito sanitario requiere una cierta comprensión de la anatomía y la fisiología humana asimismo precisa del conocimiento de sus indicaciones y especialmente de las contraindicaciones siendo este el tema de base durante la formación del futuro masajista y del fisioterapeuta

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web anatomia del masaje masaje de los tejidos profundos feb 22 2023 el masaje de los tejidos profundos entraña el conocimiento de las capas sucesivas de los tejidos del cuerpo y la capacidad para trabajar con éstos haciendo que esas capas se relajen y liberando así de la forma más eficaz y eficiente posible los patrones restrictivos