



TANTRIC LOVERS

22/23 November 2024

Tel Aviv, Israel

Tantric Lovers

Ma Ananda Sarita, Swami Anand Geho

Tantric Lovers:

Tantric Love Ma Ananda Sarita, Swami Anand Geho, 2001 Sometimes it can be difficult for even the closest of partners to fully express their love during sex We may resist deeper intimacy for many reasons among them pain insecurity or simply a fear of sharing our most natural desire for physical love with another person Tantra can help you dissolve these barriers to intimacy and invites you to awaken the physical and spiritual energy that can bring partners together as loving soul mates Tantric Love unlocks the secret powers of meditation breathing massage and more to help you celebrate and revitalize your love life Each chapter focuses on one of the chakras or energy centers in the body and offers simple exercises that will help you share this energy and open the door to ecstasy Discover new ways of pleasing your partner Enjoy sexual satisfaction through and beyond orgasm Learn how to open up to your partner both in and out of the bedroom As you move from one stage to the next you will find that you are not only connecting with your lover on a physical level but on a deep spiritual level too one that prepares you for a loving lasting commitment to each other

Tantric Lovers Hanna Katz-Jelfs, 2012-12 Bring bliss and pleasure into your life Enhance intimacy and relationships Tantra has an emphasis on honouring weaving together sexuality and spirituality Relax into a state of orgasmic erotic trance riding the waves of bliss Learn to re awaken and rekindle the spark of love and sexuality in relationships bond enhance relationships deepen intimacy channel erotic energy and bliss integrate sexual energy into an orgasmic plateau become a multi orgasmic man control ejaculation and female ejaculation Detailed instructions for setting the scene approaching your lover's body with reverence demonstrating the mapping of the subtle anatomy of the energy body in the process of deepening pleasure and awakening sexual ecstasy This comprehensive book describes the best ways to cultivate an attitude of honouring and offers techniques so that your partner can surrender to the deep pleasure you offer Keep practicing until you glimpse the precious world Hanna is offering you one that will change your experience of sex forever Cassandra Lorus MA PGDip Porterbrook NHS sex therapist and author This is one of the best books on tantra that I have seen in years unlocks the ancient secrets of awakening and sustaining sexual ecstasy by embodying the pleasure of our spiritual nature includes everything from anatomy to pleasure points and practices for couples solo sex and more Beth Hedva PhD MA Clinical Psychology MA Transpersonal Counselling psychology awarding winning author

Advanced Yoga Practices - The AYP Plus Lessons Yogani, The AYP Plus Lessons eBook is offered as a resource for off line study covering nearly 1 000 lessons and additions on practices and experiences Until now this large amount of instructional content has only been available through the AYP Plus online service Full Scope Yoga consisting of eight limbs opens the doorway between our outer and inner reality leading us to Abiding Peace Unity and Joy in all aspects of life The Advanced Yoga Practices AYP Lessons provide detailed instructions on how to open the doorway of our nervous system aiding us in unfolding our full potential and destiny in this life Deep Meditation Spinal Breathing Pranayama and Yoga Asanas form the foundation of daily practice in a short routine compatible with modern life with extensive refinements and

many additional practices provided in the lessons as experience in human spiritual transformation advances over time Prudent Self Pacing of practices for comfort and safety is a core teaching throughout the lessons The AYP Lessons began in 2003 as an online resource Over the years the teachings have expanded to populate several websites more than 15 books and translations into more than a dozen languages The two original AYP Easy Lessons for Ecstatic Living books published in 2004 and 2010 cover nearly 500 lessons combined As the writings continued the AYP Plus online service was launched in 2015 eventually providing nearly 500 additions to the original lessons expanding and refining the teachings based on the questions and experiences of hundreds of practitioners Yogani is the author of ground breaking books on highly effective spiritual practices including the Advanced Yoga Practices lesson books the concise AYP Enlightenment Series books and The Secrets of Wilder spiritual adventure novel Over the years the AYP writings have been praised as one of the most comprehensive and accessible instructional resources on Full Scope Yoga See hundreds of testimonials in the back of the book With the publication of this large eBook the full teachings contained in the AYP Plus Lessons are being made available in book form for the first time

Love and Loss Betty Hibod, 2025-10-06 Many books have been written as histories recounting events that shaped the life of a group society nation or civilization or as biographies recounting events and achievements relating to one person's life and work Many books have been written putting forth ideas philosophies and words of wisdom to live by Some of these we call holy books or scripture Fewer books have been written like this one which go behind the scenes of history lay bare the feelings behind the philosophies and document the painful and joyful inner path along which historical events and philosophical ideas emerge This book is intensely even shockingly personal not clinical or abstract or detached It is an intimate detailed sensual and sometimes disturbing account of a life lived on the cusp that bridges time and eternity Its focus is narrow it does not reveal much at all about anyone's visible public life or accomplishments but it explores in great depth the invisible contents of minds hearts and souls The scriptures and scriptural commentaries of most religions describe a path to salvation or bliss and provide instructions or guideposts for moving along the path but they are still only theoretical hypothetical mythical or metaphorical accounts This book seeks to show how the theories and hypotheses play out pragmatically in real time and space how the myths come alive in flesh and spirit how the metaphors become the very things they symbolize How does daily life look from inside someone in the throes of awakening How does she know who or what she is How is her destiny revealed How do seemingly ordinary mundane events become miracles This book begins to answer those questions

Love and Loss A Journey through Fear to Peace - Volume Five Betty Hibod, 2025-01-08 What if the teachings of scripture weren't just stories or symbols but lived realities Loss Love and A Journey through Fear to Peace offers a rare window into that experience Unlike traditional biographies or historical accounts this spiritual memoir invites readers deep into the invisible world of awakening Betty Hibod's journal based narrative is intensely personal documenting the lived embodiment of mystical principles across time grief and divine revelation From devastating loss to divine union from

emotional disintegration to spiritual clarity Betty records her journey not as metaphor but as transformation made flesh More than a spiritual memoir this book is a detailed sensual and unfiltered chronicle of mystical awakening It explores tantric love divine feminine spirituality and non dualism through a lens that is both deeply human and profoundly sacred Rather than offering abstract theories it shows how the myths of sacred texts take shape in daily life It answers the questions rarely spoken aloud What does enlightenment feel like in real time How does one survive and evolve through spiritual paradox grief and loss and the collapse of personal identity Infused with mystical awakening philosophical reflection and raw emotional truth this is not a book about religion It is a book of lived revelation For readers seeking a deeper understanding of consciousness sacred sexuality or the journey of awakening this memoir is a path inward Step beyond the stories Walk into the soul Buy now and begin the journey *Yoga Journal* ,1978-01 For more than 30 years Yoga Journal has been helping readers achieve the balance and well being they seek in their everyday lives With every issue Yoga Journal strives to inform and empower readers to make lifestyle choices that are healthy for their bodies and minds We are dedicated to providing in depth thoughtful editorial on topics such as yoga food nutrition fitness wellness travel and fashion and beauty Supreme God: Body, Will, Wisdom, and Work Prof. Jitendra Dhoj Khand,2017-02-02 Supreme God Body Will Wisdom and Work by Prof Jitendra Dhoj Khand This book is a driving force to understand Supreme God Will is bone marrow semen is Wisdom vital air is Work and the living individual body is related to God s small Body Supreme God consists of Supreme Nature and Supreme Law The creation of universe is based on dot Bindu and Sound Nada or word The nucleus of the universe is Nepal based on several sources The 24 elementary particles are element of Supreme Nature Female The 4 forces related to Supreme God Male The unified function is related Supreme Law Supreme God is everywhere even the living soul to reward and punishment to the people based on their past and present work Karma **Yoga Journal** ,1983-03 For more than 30 years Yoga Journal has been helping readers achieve the balance and well being they seek in their everyday lives With every issue Yoga Journal strives to inform and empower readers to make lifestyle choices that are healthy for their bodies and minds We are dedicated to providing in depth thoughtful editorial on topics such as yoga food nutrition fitness wellness travel and fashion and beauty **Release the Seductress Within** Laurie Sue Brockway,2003 Now anyone can find the seductress within Sex and romance will never be the same for either you the man you re with or the one you want Laurie Sue Brockway former editor in chief ofPlaygirlandSingle Livingmagazines is just the person to show you how to claim the sexual power that is rightfully yours With sections like Hot Talk and Whispers Test Your Seductress I Q and Lessons from the Femme Fatale you ll soon understand how seductresses extraordinaire like Mata Hari and Marilyn Monroe got their way and more importantly how to unleash your own inner goddess *Tantra, Rites of Love* Laura Casalis,1979 **Honouring Rituals for Tantric Lovers** Hanna Katz-Jelfs,2013-07-18 It is through the act of connecting with another that we come fully into our aliveness However in our alienated societies we have forgotten who we are and how to be with each other A book like Tantric

Honouring Rituals for Lovers comes along at this time in this digital age because we need to relearn about the very essence of who we are. Our nature is to be giving and nurturing beings. Rituals are the food we need to nourish our body and soul. These simple acts of honouring give feeling to our lives and through feeling we derive meaning. Hanna has created a guide to knowing the body as symbol of love for honouring the hearts and souls of our lovers as the physical embodiment of the God and Goddess within. Alan Steinfeld, TV Host Hanna's book *Tantric Lovers Honouring Rituals* provides detailed instructions for setting the scene and approaching your lover's body with reverence, demonstrating the mapping of the subtle anatomy of the energy body in the process of deepening pleasure and awakening sexual ecstasy. While it is hard to convey the experience, Hanna's comprehensive books describe the best ways to cultivate an attitude of honouring as well as offer techniques so that your partner can surrender to the deep pleasure you offer during genital massage. Keep practicing until you glimpse the precious world Hanna is offering you, one that will change your experience of sex forever.

Cassandra Lorus, Author MA PGDip Porterbrook NHS. This book provides you with visual demonstration which you can implement immediately in your intimacy. You may wish to learn more in depth about the reasoning behind certain practices; these are conveyed in the first book *Tantric Lovers Making your relationship last*, published by Hay House Balboa Press. This book was written to share with you specific techniques of profound teachings, life affirming benefits of tantric honouring rituals and also to help educate our society in the magical and transformative ways of tantra. This book is a practical manual, second book in the *Tantric Lovers* series following the first book *Tantric Lovers making your relationship last*. I share with you a sequence and techniques to bring bliss, healing and pleasure into your life and the lives of the people you touch. Tantric rituals are an act of worship and a devotional practice that weaves together sexuality and spirituality. This book will provide you with profound tools that will enhance your intimate relationships and help you to honor and worship the divine within your love partner through sacred touch, generosity of intention and tantric rituals. The emphasis is on honoring the body of the God or the Goddess standing or lying in front of you. The body is perceived as a divine; is regarded as the temple of the soul. It is a dance of energy of giving and receiving, a joint meditation through touch. It touches the core of our being, the Soul. The book will help you expand and liberating the joy of the soul, freeing our energy to flow all over the whole body. Experience basking in an oceanic feeling, riding waves of bliss. People describe the feeling they experience as a taste of grace descending. You may touch spaciousness that is beyond time and space as if you are space itself. Touch nourishes the body and the soul and it quiets the mind. It enables a profound healing to take place naturally and effortlessly. This book is a gift to all that are open to grow and experience bliss and intimacy that transcends beyond the ordinary into the realms of the extraordinary. I offer it so that we can change and embrace all aspects of our being and celebrate healthy sexuality as it permeates all aspects of our life, remembering the divinity within each and every one of us. This book is suitable for all open minded people who are ready to explore new realms and transcend above the mundane, propelling their sexual and spiritual connection to new heights.

Blessings and Namaste Hanna **Yoga Journal** ,1983-03 For more than 30 years Yoga Journal has been helping readers achieve the balance and well being they seek in their everyday lives With every issue Yoga Journal strives to inform and empower readers to make lifestyle choices that are healthy for their bodies and minds We are dedicated to providing in depth thoughtful editorial on topics such as yoga food nutrition fitness wellness travel and fashion and beauty Tantra, the Supreme Understanding Osho,1975 On an 11th century Mahayana Buddhist teacher lectures delivered in February 1975

Mademoiselle ,1996 *Realms of the Unconscious* Vasilii Vasil'evich Nalimov,1982 The Eye of Love Richard Lannoy,1977 **Goddesses** Manuela Dunn Mascetti,1998 *The Erotic Impulse* David Steinberg,1992 This book is a wake up call to the erotic spirit in all of us Drawing on the insights of counselors and the wisdom of poets The Erotic Impulse serves up a feast of thoughts feelings findings and fantasies about our erotic nature **Love Without Limits** Deborah M. Anapol,1992 *The Holistic Healers* Paul C. Reisser,Teri K. Reisser,John Weldon,1983

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