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# **FIRMING UP YOUR FLABBY FAITH**



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**VICKI LAKE**

# Firming Up Your Flabby Faith

**Vicki Lake**

## **Firming Up Your Flabby Faith:**

*Forthcoming Books* Rose Arny,1990

*Put Your Potatoes on the Desktop - Christian Version* Ralph D. Sinn,2009-06-02

Put Your Potatoes on the Desktop will Challenge the belief that you need to be powerful in order to succeed Expose the myth that your emotions are a liability Enlighten you to apply the constructive mindset of anger in yourself and others Motivate you to teach your children or others about emotion intelligence what they do not necessarily learn in school Liberate you to choose forgiveness and apology to experience greater fulfillment personally and in your relationships Inspire you with the role of faith and the relevance of the Bible to everyday life You will be introduced to a practical approach to understand and apply the concepts of emotion intelligence to real life issues The definition of anger is explored as well as the difference between anger and anger management The basis of the destructive mindset with possible consequences of low self esteem addictions depression anxiety abusive outbursts bullying loneliness or stress related medical illness is discussed Then presented is the contrasting impact of the constructive mindset to free you to enjoy the benefits of increased self esteem creativity perseverance and effective communication strategies You will become acquainted with the value of hope the attainment of purpose and the application of boundaries to work towards healthy relationships Relating with the concept of potatoes will help you understand the foundation of aggressive tendencies in yourself and how to deal with aggressiveness in others You will learn how to apply the constructive mindset to deal with past hurts and insults by the process of forgiveness If you are eager to learn about the real role of emotions in your life then this book is for you

**The Curriculum and Small Group Resource Guide** Judy Hamlin,1991    [Firming Up Your Flabby Faith](#) Vicki Lake,1990    [The Weapons of Our](#)

Warfare

Phil Hopper,2020-03-17 The Armor of God Your Key to Victory Right now there is a real spiritual battle going on in the unseen realm Every Christian must equip themselves against the forces of darkness Victory is possible when we use the full armor of God described in Ephesians 6 In Pastor Phil Hopper s first book Defeating the Enemy he

*Time with God*,1991    **Advocate** ,1991    [Restored in the Ruins](#) Vicki Lake,1992    [The Christian observer \[afterw.\]](#) [The Christian](#)

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[The Christian Union](#) ,1884    [Christian Work](#) ,1899    **The Imperial dictionary, on the basis of Webster's English dictionary** John Ogilvie,1899    **The Christian Advocate** ,1900    [The Year Book of the Congregational Christian Churches of the United States of America](#) General Council of the Congregational and Christian Churches of the United States,1898    [Firming Up Your Flabby Faith](#) Vicki Lake,1990-04-01 This guide will help you discover areas of your life that need shaping up and comes with a journaling section to help you begin the daily disciplines of reading applying and memorizing God s Word    **The Imperial Dictionary of the English Language** John Ogilvie,1883    [The History and Doctrines of Irvingism](#) Edward Miller,1878    [The History and Doctrines of Irvingism, Or of the So-called Catholic and Apostolic Church](#) Edward Miller,1878

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