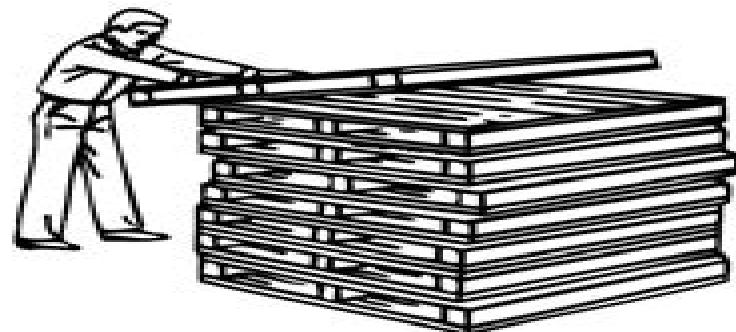


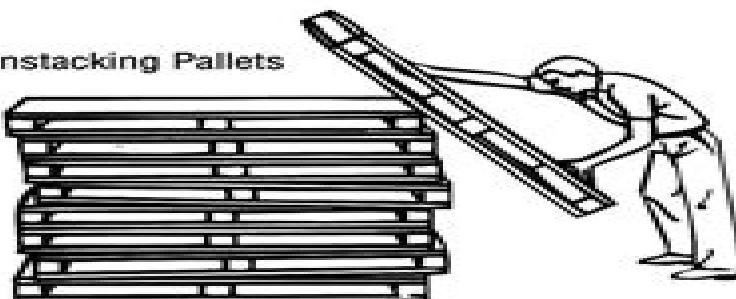
Safe Manual Handling of Pallets



Stacking Pallets



Unstacking Pallets



Wooden pallets weight between 23-45kg.

The hazards of pallet handling include wood splinters, hitting the hands, feet and lower leg together with back and shoulder strain.

Pallets are normally taken from the stack by sliding. The higher the stack, the greater the likelihood of injury.

Whenever the pallets are stacked and unstacked, if possible, a forklift should be used.

If this is not possible then 2 people should move the pallet particularly when stacking.

The following guidelines should be followed for the handling of pallets:

- Individuals should not stack pallets more than 6ft high.
- Individuals should not unstack pallets from stacks greater than 8 pallets high.
- If a 2nd person is available, pallets can be stacked and unstacked to 8 high.
- Pallets should always be placed right side up and the wood grain aligned for easy sliding.
- Maintain control of the pallet all through the handling and be aware of possible hand injuries through splinters.

Osha Manual Pallet Jack Regulations

Yan Bai

Osha Manual Pallet Jack Regulations:

Full Committee Hearing Reducing the Regulatory Burden on Small Business United States. Congress. House. Committee on Small Business,2007 Brewery Safety Matt Stinchfield,2023-08-22 Brewers of all sizes should uphold the value of safety alongside their edgy brands and creative and carefully crafted beers and other beverages It s the responsibility of all brewery employees to assess hazards learn how to control or eliminate them and to document and train each other on the safest ways to perform tasks It s not just about government regulation but it is also about making your brewery the best brewery possible for your beer your staff and your visitors Breweries face hazards that can be divided into physical chemical biological ergonomic and psychosocial hazards Learning to address these aspects of safety to ensure a safe product and working environment is paramount From physical trauma to chemical irritations biological hazards to psychosocial hazards Brewery Safety explores in depth how to think about and avoid these hazards Brewers will learn to evaluate educate and execute safety conscious measures to ensure that the working environment welfare of staff and the quality of the product are first and foremost Employment Safety and Health Guide , Includes original text of the Occupational safety and health act of 1970 , **Safety Inspection and Testing of Lifting Devices** ,2000

Occupational Safety & Health Cases Bureau of National Affairs (Arlington, Va.),2003 Cal-OSHA Reporter ,2002 **A Guide to the Human Resource Body of Knowledge (HRBoK)** Sandra M. Reed,2017-04-18 An essential reference for HR professionals A Guide to the HR Body of Knowledge HRBoKTM from HR Certification Institute HRCI is an essential reference book for HR professionals and a must have guide for those who wish to further their expertise and career in the HR field This book will help HR professionals align their organizations with essential practices while also covering the Core Knowledge Requirements for all exams administered by HRCI Filled with authoritative insights into the six areas of HR functional expertise Business Management and Strategy Workforce Planning and Employment Human Resource Development Compensation and Benefits Employee and Labor Relations and Risk Management this volume also covers information on exam eligibility and prep tips Contributions from dozens of HR subject matter experts cover the skills knowledge and methods that define the profession s best practices Whether used as a desk reference or as a self assessment this book allows you to Assess your skill set and your organization s practices against the HRCI standard Get the latest information on strategies HR professionals can use to help their organizations and their profession Gain insight into the body of knowledge that forms the basis for all HRCI certification exams As the HR field becomes more diverse and complex HR professionals need an informational home base for periodic check ins and authoritative reference As a certifying body for over four decades HRCI has drawn upon its collective expertise to codify a standard body of knowledge for the field The HRBoK is the definitive resource that will be your go to HR reference for years to come Professional Safety ,2003 **California Builder & Engineer** ,2000 **Commercial Carrier Journal** ,2000 **Library Storage Facilities** Wyoma van

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