

# Advanced Pressure Point Grappling

By Robert A. Williams, author of *Defensive Driving*

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The Official  
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*Combat Pressure Points: A No Nonsense Guide To Pressure Point Fighting for Self-Defense* Sammy Franco,2022-11-21

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**Kyusho-Jitsu** George A. Dillman, Chris Thomas, 1992 Thorough detailing of how to use pressure point strikes for personal self defense Small Press, 1994 **Bowker's Complete Video Directory**, 2000 *The Publishers Weekly*, 1996

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studying its effects on the body red light comes from the mid 600nm range it has been shown to have numerous

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