

Know Your Herbs' Best Companions



BASIL

Pepper, Asparagus,
Marigold, Tomato



CHAMOMILE

Brassica Family,
Beans, Garlic



CHIVES

Tomato, Carrot, Celery,
Lettuce, Cucumber



DILL

Brassica Family,
Lettuce, Cucumber



MINT

Squash, Peas,
Brassica Family



OREGANO

Squash, Beans,
Cucumber



PARSLEY

Carrot, Cilantro,
Asparagus, Corn,
Peppers, Tomato



ROSEMARY

Brassica Family,
Carrot, Sage, Beans

The Herb Buyers Guide

Adeline Wood



The Herb Buyers Guide:

Sports Supplement Buyer's Guide Stephen Adele, Rehan Jalali, 2007-07-01 This book helps readers sort through the array of sports supplements and come up with a supplement regimen to fit their specific needs and goals Sports supplements are safe research based effective and easy to use

10 Essential Herbs Lalitha Thomas, 2012-01-24 This book has become a CLASSIC in its field because of the high quality of the information that is presented and the clarity in the way it is presented o Accessible Information o Concise Presentation o Humorous Stories o Intelligently Written THIS IS THE HERB BOOK THAT YOU CAN TRUST From the introduction Lalitha's extensive knowledge relative to the botanicals she has elected to write about is quite impressive to say the least She is someone who gives plants personality and feeling It shows in how as well as what she writes about These various herbs come alive on the pages colored not only by her own sensitivities but also fully endowed with the dynamic energy of her very capable expertise She has graduated from the hills and dales forests and mountains and meadows and prairies of Mother Nature U These were the classrooms in which she studied ardently and diligently applying herself well to the tasks at hand In clear and concise terms she takes the guesswork out of herbs Under her reliable tutelage even the most novice of users of botanicals will soon become qualified enough to use those she covers in a safe and effective way That is saying a lot considering just how many other herb books are out there at present It is a true winner in every sense of the word A reliable gem for consumers to place confidence in Botanical medicine in this country will benefit from your book for years to come JUST READ WHAT PEOPLE ARE SAYING ABOUT THIS BOOK My Right Hand Man I have a large library of natural healing and nutritional books and this book is ALWAYS the one that works for me our family and even our pets This is a great book for anyone that wants to take responsibility for maintaining good health with herbs Excellent material easy to follow and very informative I use this book constantly The herbs are easy to access the material gives easy to follow information on how to incorporate the herbs into your life It is excellent I read herbal books constantly and have quite a library when I need information or I need a remedy this is the book I run to I use this book everyday and love it I am a mother of five and this book is the first book I grab for everyday ailments in our household 10 Essentials has a down to earth quality that is lacking in medicinal herb field This is the only book I have come across that covers the whole family from Grandparents to Infants

The Book Buyer's Guide, 1967 **Plant Buyers Guide of Seed and Plant Materials in the Trade**, 1927 **Herb Buyers Guide** Herb Society of America, 1956 *Buyer's Guide to the Piano, Organ and General Music Trades*, 1953 *Cunningham's Encyclopedia of Magical Herbs* Scott Cunningham, 2012-04-08 Expanded and revised this comprehensive guide features magical uses of over 400 herbs and plants from all parts of the world With over 500 000 copies in print this reference book is a must for all who perform natural magic It features illustrations for easy identification of every herb in addition to common names use and rulership

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