

# THE ANTARCTICA COOKBOOK

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# The Antarctica Cookbook

**Beau Riffenburgh**

## **The Antarctica Cookbook:**

**The Antarctic Book of Cooking and Cleaning** Wendy Trusler, Carol Devine, 2015-05-19 A visually captivating novelistic travelogue that chronicles the first civilian environmental cleanup expedition in Antarctica an engaging true story told through anecdotes journal entries vignettes recipes and archival and contemporary photography The first thing that comes to mind about Antarctica is not likely the food But if you are going there it is the second Wendy Trusler and Carol Devine The Antarctic Book of Cooking and Cleaning is a unique journey through an austral summer when a group of dedicated individuals fifty four people from five countries picked up nearly three decades worth of garbage during a three month period in Antarctica In this visually captivating polar journal Wendy Trusler and Carol Devine transport readers back twenty years and thousands of miles to Bellinghausen the Russian research station that became their temporary home Devine a humanitarian who piloted the project and Trusler a visual artist and cook use journal entries letters provision lists recipes and menus to document their voyage They share pithy insightful observations on life food science politics and the environment Showcased throughout are modern and vintage photos and vignettes from Antarctica s short history all of which add delightful color and warm detail to this unique book Trusler reveals the challenges of cooking in a makeshift kitchen during long white nights at the bottom of the world While the dozens of eco tourists strive to help preserve the continent she must figure out how to cook for all of them in the small camp kitchen using limited ingredients The Antarctic Book of Cooking and Cleaning includes forty two eclectic tasty and hearty recipes tinged with Russian Chinese and South American influences such as Honey Oatmeal Bread Cheese Fondue Great Wall Dumplings Roasted Pepper Goulash with Smoked Paprika Roast Leg of Pork and Frozen Chocolate Cream All beautifully photographed these dishes reflect the expedition s colorful cultural fabric and the astonishing raw beauty of their surroundings a continent uniquely devoted to peace cooperation and science

**The Antarctic Book of Cooking and Cleaning** Wendy Trusler, Carol Devine, 2012-12 *Encyclopedia of the Antarctic* Beau Riffenburgh, 2007 Publisher description **Antarctic Nutrient Cycles and Food Webs** W.R. Siegfried, P.R.

Condy, R.M. Laws, 2013-06-29 It is a pleasure and a distinct honour for me to greet the participants guests and observers of this Fourth International Symposium on Antarctic Biology which has adopted nutrient cycles and food webs as its central theme On behalf of the Scientific Committee on Antarctic Research SCAR and other bodies of the International Council of Scientific Unions ICSU I bid you welcome SCAR is pleased to acknowledge the role of the co sponsors for this Symposium which include the Scientific Committee on Oceanic Research SCOR the International Association of Biological Oceanography IABO and the International Union of Biological Sciences IUBS In addition SCAR and its co sponsors wish to acknowledge the financial support of the Council for Scientific and Industrial Research CSIR and the Department of Transport DOT of the South African government Nor should we forget to acknowledge also the role of the South African Scientific Committee on Antarctic Research SASCAR and one of its leaders and Vice President of SCAR Mr Jan de Wit in arranging this charming

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